



Cotton Electric energy efficiency home evaluations benefit members on page 8



Local medical staff inspires individuals across the world on page 13



A spicy pork stew for cold winter days on page 14



The Current - Informing Our Members Since 1957"



December 12, 2022 **VOLUME 66** NUMBER 4 FROM OUR FAMILY TO YOURS



A Publication of Cotton Electric Cooperative Inc.

MERRY CHRISTMAS

WISHING YOU JOY AND HAPPINESS THIS HOLIDAY SEASON AND IN THE COMING YEAR.

-THE BOARD OF TRUSTEES AND EMPLOYEES OF COTTON ELECTRIC COOPERATIVE

# Be prepared for winter weather this season

Heavy accumulations of ice and snow coupled with fluctuating winter temperatures can bring down utility poles, trees and limbs. This can disrupt power for days on end. With this comes a threat to property and to life itself.

In a winter storm emergency, restoring power and heat to members is the highest priority, and electric utility crews work around the clock to make it happen. Even so, it can take days to repair the devastating damage of a winter storm. If you are in the midst of storm recovery, avoid going outside if possible. Downed power lines could be submerged in snow and ice and difficult to identify. When outside, treat all downed and hanging lines as if they are energized electric lines: Stay away, warn others to stay away and immediately contact your utility company. Remember that downed power lines do not have to be arcing, sparking or moving to be live and deadly.

Cotton Electric and Safe Electricity stress the importance of being prepared for winter storms and the power outages they may cause. You need the right emergency items and knowledge to stay warm and safe in a winter storm. The following are tips to prepare your home:

- Before winter sets in, update your insulation and caulk, and install weather-strips.
- Call a professional tree trimmer to cut branches away from your home. Call us for limbs near power lines.

Everyone, particularly families with special needs, must be prepared in case of a winter emergency and long-term power outages. Prepare an emergency kit with the following items:

- Battery-powered radio and flashlights with fresh batteries
- Extra blankets
- Water for drinking rooms. and washing
- Non-perishable food and a can opener
- First aid kit and prescription medicines

When a storm hits, your preparation should include knowledge. The following tips from Cotton Electric and Safe Electricity can help you and your family stay safe and warm.

- Switch off lights and appliances to prevent damaging appliances and overloading circuits when power is restored. Leave one lamp or light switch on as a signal for when your power comes back on.
- To prevent water pipes from freezing, keep faucets turned on slightly so that water drips from the tap. Know how to shut off water valves in case a pipe bursts.
- Do not use charcoal grills or gas ovens to heat your home; this could lead to carbon monoxide poisoning. Stay inside and dress in warm, layered clothing.
- Close off unneeded
- When using an alternative heat source, follow operating instructions, use fire safeguards and be sure to

properly ventilate. Always keep a multipurpose, dry-chemical fire extinguisher nearby and know how to use it.

- Stuff towels and rags underneath doors to keep the heat in.
- Cover windows at night.
- Maintain a regular diet. Food provides the body with energy for creating its own energy.
- Drink plenty of fluids to stay hydrated.
- Move around to keep warm, but not enough to perspire. Perspiring causes the body to lose fluids which could potentially lead to dehydration.
- Keep a close eye on the temperature in your home. Infants or persons over age 65 are more susceptible to the cold. You may want to stay with friends, relatives or in a shelter if you can't keep your home warm.

Cotton Electric and Safe Electricity offer these safety tips in the hope everyone has a safe winter season.

Generator safety on page 9

## STAYINGSAFE **DURING AN OUTAGE**

We work hard to provide the most reliable service possible. Rest assured, if the power is out, we are on it!

The length of time it takes to restore your power depends on several factors, including the:







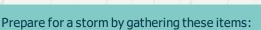






STAY SAFE UNTIL POWER IS RESTORED

- · Stay far away and keep others away from downed
- power lines, which could be live and deadly. If you come across a downed line, immediately call
- 9-1-1 to report it. Never enter a flooded room; the water could
- be energized.
- If you are standing in water, do not turn on/off power or flip a switch.



Bottles of water Non-perishable food Portable phone charger







Warm clothing First-aid kit Hand sanitizer

THANK YOU for your patience during outages. When the lights go off, we are working safely and efficiently to restore power. The safety of our employees, as well as those we serve, is our TOP priority.

Safe Electricity.org®

#### Power Cost Adjustment Calculated

The power cost adjustment now being applied to bills mailed after December 1, 2022, is \$0.01987 per kWh.

On a member's average bill of 1,300 kilowatt hours (kWh), this will amount to a charge of \$25.83 on the December bill.

No	vemt	oer 20	22 Te	mper	ature	Extre	emes
Day	High	Low	Avg.	Day	High	Low	Avg
1	78	44	61	16	53	27	40
2	75	51	63	17	58	24	41
3	79	57	68	18	40	31	36
4	75	41	58	19	51	25	38
5	64	36	50	20	52	20	36
6	75	46	61	21	59	23	41
7	72	51	62	22	62	30	46
8	81	66	74	23	56	38	47
9	80	66	73	24	55	47	51
10	75	50	63	25	50	41	46
11	50	35	43	26	49	44	47
12	53	26	40	27	54	34	44
13	56	24	40	28	68	29	49
14	41	31	36	29	69	34	52
15	48	27	38	30	47	23	35
Source:	srh.noaa.	gov/oun/					

Average Daily High: 61 Average Daily Low: 37

#### Did You Know?

Cotton Electric offices will be closed on Dec. 23 and 26 for Christmas and Jan. 2 for New Year's. Emergency calls will be answered at 580-875-3351 or 800-522-3520.

The next issue of The Current should arrive in mailboxes on Jan. 16, 2023.

#### **Contact Us**

Do you have a story idea for The Current or do you need to place an ad? If so, let us know.

We can be reached at 580-875-3351 or by email at TheCurrent@ cottonelectric.com.

You can also drop us a line at Cotton Electric Current, 226 N. Broadway, Walters, OK 73572.



Mission Statement Our mission is to safely deliver reliable

and affordable power, provide excellent member service, and improve the quality of life in the communities we serve.

# From the CEO

# Small change can change lives

he holiday season is finally here. I believe it's the most wonderful season of all as we celebrate Christmas, continue our family traditions, and gather with friends and loved ones. It's also a time of giving and spreading joy.

Giving back reminds me of the many good things we have right here in our community and why it's so important to spread the good as far as we can, especially to the most vulnerable in our local area. I'm also reminded of how wonderful our community is and what a big impact we can have when we work together.

As a member of Cotton Electric, you help us spread the good throughout the year. Through our Operation Round Up program, your donations help local families, individuals and organizations in need by providing assistance to food pantries, senior citizens centers, and

The holiday season is schools. Funds are also donated finally here. I believe to our local volunteer fire and it's the most wonder-on of all as we celebrate much needed equipment and protective gear.

When you "round up" your monthly bill from Cotton Electric and donate to this fund, you're making a big difference in someone's life. You are helping to meet an immediate, critical need, but, just as importantly, you are telling this person the community cares.

Over the years, our community-focused programs, food donations and other giving projects have supported local schools and young people, fed hungry families, enabled families in need and so much more.

Cotton electric also participates in the Electric Cooperative Youth Tour, where we take our community's brightest young people to Washington, D.C., for a week-long immersion to

experience democracy in action. Ultimately, the larger community benefits from these programs because of you and your neighbors.

You've likely heard me say that the cooperative principle "concern for community" is part of Cotton Electric's mission. It defines who we are as an organization. When we first brought electricity to our communities, the quality of life improved. But other things also need to be addressed and through the years, this co-op has been at the forefront of bringing improvements to the quality of life in this community. It's why we created the Cotton Electric Charitable Foundation and the Operation Round Up program.

To date, with your help, we've given \$1.45 million back to local families and individuals through this program. Across the country, more than 350 elec-



Jennifer Meason, CEO

tric co-ops have an Operation Round Up program, and together, we've raised millions for local communities. This shows that small donations from electric co-ops like ours, over time, can collectively make a big impact.

As a local cooperative, we have a stake in this community. We hope you will think of Cotton Electric as more than your energy provider, but also as a catalyst for good in our community.

I hope all of our members have a joyous holiday season. May your Christmas and New Year be merry and bright!

To learn more about Operation Round Up, visit cottonelectric.com/operation-roundup.





# **Energy Efficiency Tip of the Month**

Blocked air vents force your heating system to work harder than necessary and increase pressure in the ductwork, which can cause cracks and leaks to form.

Make sure all air vents are unobstructed from furniture, drapes or other items to ensure sufficient circulation throughout your home. If necessary, purchase a vent extender, which can be placed over a vent to redirect air flow from underneath furniture.

Source: Energy.gov

#### October 2022 Operating Stats

	<u>2022</u>	<u>2021</u>
Total Amount Billed/Accrued	\$6,518,429	\$5,811,864
Cost of Purchased Power	4,486,620	5,762,214
Taxes	156,151	121,522
Total Operating Expense Per Mile	1,128	1,412
Average Farm and Residential Bill	140	131
Average Farm and Residential kWh	922	914
Total Meters Billed (farm, residentia	al) 19,304	19,082
Miles Energized	5,388	5,217
Density Per Mile	3.58	3.66
New Service Connects YTD	491	399
Services Retired	119	138

# Upcoming Deadlines for The Current

#### January

Ad Sales Deadline Dec. 30 Classified Deadline Dec. 30 Publish Date Jan. 16

#### February

Ad Sales Deadline Jan. 27
Classified Deadline Jan. 27
Publish Date Feb. 13

# The Current

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# Energy Efficiency

## Holiday décor tips for an energy-wise home

you're just getting started, there's still time to incorporate and holiday décor planning.

lights, be sure to use LED light strands. LEDs consume far less energy than incandescent lights and they can last 40 holiday seasons. They're also safer because they're made with epoxy lenses, to breaking-and they're cool to the touch, so no burnt fingers.

energy-saving LEDs and your holiday mas tree farms, and even retailers like of ways to save energy throughout the tips this holiday season.

decked your halls or on lighting costs. All you need is a pro- greenery clippings from recently grammable light timer. Most models trimmed trees. With a little twine, cost from \$10 to \$25 and can be purimplement energy savings into your chased through online retailers like create garlands and wreaths to hang Amazon or at stores like ACE Hard-If you haven't strung your twinkle ware and Sutherlands. With a light timer, you can easily program when you want your holiday lights turned on and off. This will save you time, money and energy. If you're using a timer for exterior lighting, make sure it's weathnot glass, making them more resistant erproof and intended for outdoor use.

If Clark Griswold's décor style is a bit much for your taste, consider a If you missed Santa's memo about more natural approach. Many Christ-

hether you've already lights are already up, you can still save Lowe's and Home Depot, give away extra ornaments and ribbon, you can over your front door or windows.

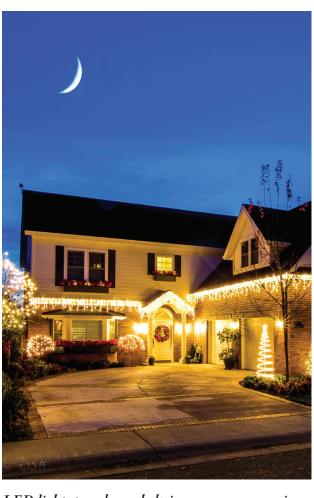
> To add extra twinkle at night, you can install solar-powered spotlights to illuminate your new greenery. Solar spotlights can vary in price, but you should be able to purchase a quality set of four for about \$30. They run on natural energy from the sun, so there's no additional cost to your energy bill.

Regardless of how you decorate your home for the holidays, there are plenty



Heath Morgan, **Energy Efficiency** Coordinator

season. Visit Cotton Electric's website at www.cottonelectric.com/energy-efficiency for additional energy-saving



LED light strands can help increase energy savings and safety while giving your home a holiday glow.



Extra Christmas tree trimmings can create a nice wreath to showcase on your front door.



Using a programmable light timer for indoor light strands can save you time, money and energy.







# Cotton Electric Charitable Foundation

# CECF announces fourth quarter grant recipients

Pennies, nickels, dimes and quarters - set enough of them aside on a regular basis, and the coins add up to dollars. That's how Operation Round Up (ORU) works.

Most Cotton Electric members participate in ORU, in which power bills are rounded up to the nearest dollar. The amount rounded up can be as little as 1 cent and is never more than 99 cents. On average, each participating member contributes about \$6 each year.

The funds are pooled and administered by the Cotton Electric Charitable Foundation (CECF), a board of directors who meets quarterly to consider grant applications from individuals and organizations in the area. The

board consists of Jennifer Meason, the co-op's CEO; Shan Files, president of the co-op's board of trustees; and three representatives from the Cotton Electric service area: Cindy Zelbst, Danny Marlett, Carter Waid.

The CECF board met in November to review several grant applications. Grants totaling \$29,755.00 will be distributed to 11 of the applicants. Third quarter grant recipients include:

- Beautiful Day Foundation
- Chattanooga Fire and Rescue
- Family Promise of Lawton
- Grandfield Volunteer Fire Department
- Horace Mann Elementary (Duncan)
- Indiahoma Fire Department • Marlow Elementary School
- United Methodist Women (Duncan)
- Velma Fire Department
- Walters Volunteer Fire Department
- Waurika EMS District Asso-

First-quarter applications for next year are due Feb. 14, 2023. The board of directors for CECF will meet again in February to review applications for the quarter.

CECF grant guidelines and applications can be downloaded on our website at www.cottonelectric.com/grant-applications and can be submitted by email to paula@cottonelectric.com or by mail to our office at 226 N. Broadway, Walters, OK 73572.

**Beautiful Day Foundation** \$1,600 for children's books

Chattanooga Fire and Rescue \$3,865 for wildland firefighting PPE

Family Promise of Lawton \$750 for obtaining documentation for homeless families

Grandfield Volunteer Fire Department

\$3,400 for wildland masks with filters

Horace Mann Elementary (Duncan)

\$500 for student lunch balances Indiahoma Fire Department

\$5,000 for generator **Marlow Elementary School** 

\$3,000 for smartboard and tablets **United Methodist Women (Duncan)** 

\$1,500 for Blessing Box support

Velma Fire Department \$5,000 for replacement of HVAC system

Walters Volunteer Fire Department

\$2,500 for bunker and wildland gear Waurika EMS District Association

\$2,640.00 for radio units





Bradley J. Margo, MD Jeremy Woodson, MD Diann Johnson, APRN

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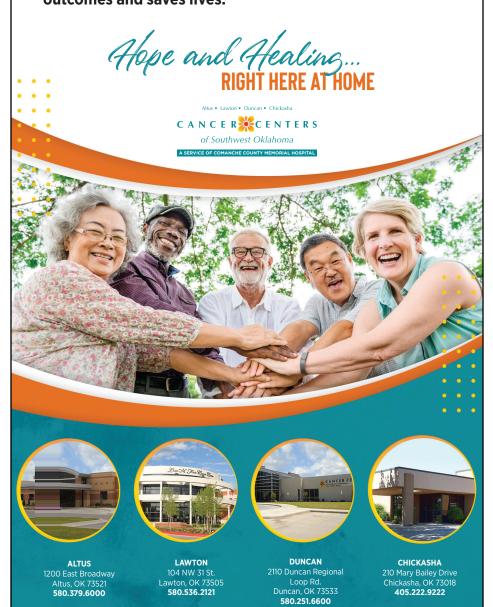




# You will never be alone.

We embrace **New and Innovative Treatments** that emerge each year in the Fight Against Cancer! Our doctors and nurses are cancer specialists. Our staff is highly trained to support you as a cancer patient.

We encourage you to help us fight cancer by getting annual cancer acreenings. Early detection improves outcomes and saves lives.



### Local agencies provide weatherization services to low-income rural residents and businesses

Making your home as energy-efficient as possible can give you measurably lower electric bills. Adjusting the thermostat, turning off lights and unplugging appliances when not in use are simple things anyone can do to save money. But for some energy-efficiency improvements, like attic insulation or weather stripping, there is an up-front investment not every person can afford.

That's where the Weatherization Assistance Program (WAP) can help. WAP is funded through the U.S. Department of Energy to local nonprofits. The program conducts energy evaluations and weatherization solutions at no cost for qualifying recipients.

#### Who is eligible?

- Any household below 200% of the Federal Poverty Guidelines.
- Eligibility is determined on income, but priority will be given to senior citizens, differently abled, and families with children.
- Homeowners and rentals can apply but

renters must have the permission landlord's for the home to be weatherized, and 66% of the building will need to be enrolled in fuel/electric assistance.

- If your home has been weatherized by the WAP after September 1994 it cannot be weatherized again.
- Homeowners must apply for the house of their main residence.

If a residence is eligible, professionals will complete an energy assessment through data collection to input into an energy audit software program to generate customized results for energy saving measures for that home.

#### What type of weatherization services are available?

- Energy conservation measures, such as weather stripping, furnace repair/replacement, air sealing, wall/attic insulation, and more
- Indoor air-quality safety measures, such as carbon-dioxide leak detection, venting correction, and more health and safety measures.

If interested in applying for the WAP, contact local agencies at their office numbers or visit their websites listed to the right.

Another program available to households is an USDA Rural Development grant named Rural Energy for America Program (REAP) Renewable Energy Systems and Energy Efficiency Improvement.

The USDA grant reimburses up to 25% of total eligible project costs for rural small businesses in areas where population is 50,000 or less and for agricultural producers with at least 50% of gross income coming from agricultural operations.

If your application is accepted and funds are available, funds may be used for the installation of energy efficiency improvements, such as high efficiency HVAC systems, lighting, insulation, and more.

If interested in applying for the Rural Energy for America Program (REAP) Renewable Energy Systems and Energy Efficiency Improvement grant, contact your local USDA agency. The list of Oklahoma USDA Rural Development contacts can be found at www.rd.usda. gov/contactpage/oklahoma-contacts. More information can also be found on their website www.rd.usda.gov/ programs-services.

Residents can apply for both programs if needed. For more information about these programs, visit their websites or call their offices at the information listed to the right.

Locally, the Great Plains Improvement Foundations provides weatherization services for Comanche Counand Community Action Development Corporation does so for Caddo, Cotton, Grady, Jefferson, Stephens and Tillman counties. Carter County is served by LIFT Community Action Agency.

To learn more about making your home more energy-efficient, our website at www.cottonelectric.com/energy-efficiency.

#### **OKLAHOMA** WEATHERIZATION ASSISTANCE PROGRAM

www.okcommerce.gov/weatherization Kayla Cornett, 405-215-6240

#### CADDO, COTTON, **GRADY, JEFFERSON,** STEPHENS, TILLMAN COUNTIES

**COMMUNITY ACTION DEVELOPMENT CORPORATION** 

www.cadcconnections.com/weatherization Robert Meador, 580-335-5588

#### CARTER COUNTY

LIFT COMMUNITY ACTION **AGENCY INC.** 

www.liftca.org Terry Wren, 580-326-3351

#### COMANCHE COUNTY

**GREAT PLAINS IMPROVEMENT FOUNDATION** 

www.gpif-ok.com Keith Huggins, 580-353-2364

#### **USDA RURAL** DEVELOPMENT STATE OFFICE

www.rd.usda.gov/ok 405-742-1070





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Stop by our display yard at Land Pros in Duncan, across from the Stephens County Fairgrounds on South Hwy 81. Let us design and price your custom building.

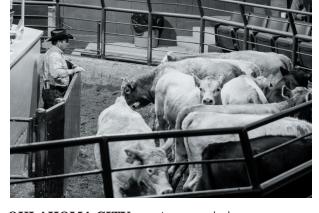


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Merry Christmas from all of us at Cotton Electric Cooperative!



## Cotton Electric seeks addresses for returned capital credit checks

CEC capital credit checks totalling \$1,478,580.19 were issued recently to people and businesses.

A retirement of capital credits demonstrates how a not-for-profit electric cooperative works. Annually, money over and above the cost of operations and other necessary expenses and reserves is declared margins. When the board of trustees determines that a portion of those margins can be refunded, members who contributed to those margins receive a share.

A share of the capital credits was allocated among active and inactive members and a check was mailed to the latest known valid address for the member. Checks addressed to members listed here were returned to the cooperative because of incorrect or insufficient addresses.

Cotton Electric Cooperative needs help finding the people listed here. If you see a name on the list that you recognize and if you have information about a current address, please call 580-875-3351 or email info@cottonelectric.com.

Bourland, Ewell

Bowden, David

Bowling, Frances

Bowman, Bert

Boyce, Crissy

Boyd, Russell

Boyd, Regina

Bradford, Ramona

Bradford, Kathryn

Bradley, William B.

Bradley, William

Brake, Marion

Bravis, David

Branscum, Bob

Bowen, Billy

## TO CLAIM YOUR CAPITAL CREDIT CHECK, WE REQUIRE A SOCIAL **SECURITY NUMBER TO** VERIFY THE MEMBER'S IDENTITY.

Handy, Matthew

Hanson, Pete

Hannabass, Nicole

Hardage, Carlasue

Hardin, Thomas

Hardy, Michael

Hargraves, Kori

Harp, Bobbie

Harper, Mark

Harris, Kenny

Harrington, Billy

Harrison, Bessie

Hartzell, Rhonda

Harrop, Jacqueline

Hannington, George

#### A

Abasta, Henry Abbott, Zachary Absher, Lewis O III Abshire, Ron Acrey, Ralston Adams, Rose Adams, Stacy Adams, John Aderholt, Brandi Aguilar, Jose Albertson, Devera Alexander, LT Alexander, Leon Alford, Sharon Allen, R Allen, Thorsten Almanza, Raymond Alvarez, Cabrina Alvarez, Francis Alvey, James Anderson, Dustin Anderson, Holly Anderson, Melanie Anderson, Robert Anderson, Arla Anderson, Phil Andrews, Berta Antwine, Danny Ara, James Arbuckle, A J Armstrong, Cristy Armstrong, Misti Arnett, Thomas Arnold, Walter Arter, Rodger Ashcraft, Lois Askins, Zack Atwood, Dorothy Autrey, Megan

#### B

Avants, Karley

Bagley, Dana Baird, Jennifer Baird, Guy Baker, Barbara Baker, Michael Bamburg, Roger Barbe, Jerry Barber, Melvin Barger, Keely Barker, Lauren Barnard, Ronnie Barron, Jorge Bartlett, Walter Bartling, Laci Barton, Leroy Bateman, Sheri Bates, Mattie Bates, B Baxter, Leo Beaird, Paula Bearce, Memory Beasler, April Beaver, Jessie Beavers, Larry JR Becerra, Lisa Beck, Roy Beck, Leo Beck, Rodney Beckham, Edith Beckman, Kevin Belless, Jerry Bench, Colton Bennett, Mitchell Benson, Jennifer Bentley, Cody Berend, Aracely Berndsen, Leo Berry, Charlie Berry, Jack Berry, Wendell Biggs, Tom Biggs, Kathy Biggs, Charles Bishop, Joshua Bittick, Earl Bivings, Sharon Bivins, Russell Blackwell, Billy Blanton, Misty Bleer, Benjamin Blum, Gracie Blundell, Ryan Bohl, Medreath Bohot, Debbie Boley, Melissa Bolin, Ronnie Bond, Dillon

Bookout, Garrett

Boone, Tim

Boone, Dale

Borden, Dustin

Borra, Rachel

Bouisri, Shirley

Brawdy, Howard Bray, Maurice Breakfield, Jason Breitigan, Steve Bridgers, Will Bridges, Chad Bridges, Jason Bridges, Clifton Bridwell, Delbert Briggs, Sandra Briggs, Robert Brinson, David Brock, James Brock, Dennis Brothers, H Brown, Traci Brown, William Brown, Bobby Brown, Daniel Brown, Lee Brown, Raymond Brown, Tesa Brown, Toni Brown, Barney Brown, Tammye Browning, Janet Bruner, Jerry Bruner, Brent Buben, Jane Bullard, Don Burdette, R Burgess, Christopher Burk, Jiggs Burkham, Kevin Burkhart, Edward Burnam, Mark Burns, Randy Burrow, Lillian Burton, Paul

#### C

Busse, Randy

Butler, Randy

Butler, Jonathon

Cady, Miriah Cady, Shelly Cain, Mark Calfy, B J Calvert, Beverly Cameron, Michael Campbell, Sue Campbell, Jesseca Campbell, Connie Cannon, Ron Cannon, Jan Carl, Richard Carlisle, Bobby Carlson, Marilyn Carlucci, Cheryl Carlyn, Beverly Carmany, Charles Carpenter, Forrest Carr, W Carroll, Christy Carter, Jerry Cary, George Castleberry, Kristi Cathey, James Cecil, J Chamberlain, Dennis Champ, Craig Chandler, Walter Chandler, JD Charleson, Sherry Chasteen, WA Chavez, William Cheek, Leon Chibitty, Kyle Chibitty, Rachelle Childress, Lloyd Christensen, Lorena Christian, Betty Clampitt, Chuck Clark, Brent Clark, Ronald Clark, Rosemarie Clark, Calvin Clark, Betty

Clark, Noel

Clayborn, Mark

Clayton, Kathleen

Clements, Jennifer Clowser, Jerry Cobb, R Grag Cochran, William Cochrane, Larry Coffee, Wayne Cohee, Betsy Cohn, Edward Cole. Louise Cole, C L Collier, Marshall Conley, Brittany Coody, Homer Cooke, James Cooper, Marcia Cooper, Michael Copeland, Meguel Cordes, Edmund Cornelius. Tim Courtright, Oma Cox, Alton Cox, Jimmy Cox, Ryan Craddock, Ronda Craven, Michael Cravens, Shera Crawford, Sigrid Creed, Mamie Crow, Joyce Crow, Steven Crowder, Esther Crump, Jack Cruz, Alejandro Cuddeback, Owen Cullison, Jennifer Culp, Greg Cunningham, Jeffrey Cunningham, John Curtsinger, Homer

#### D

Cyrus, Onita

Dahl, Jeff Daily, Lena Dalrymple, Scott Davenport, Jessica Davis, Stella Dawson, Clarene Dean, Joyce Deats, Bobby Dees, Marvin Deevers, Mark Deguzman, Jonathan Delano, Jerri Dempsey, Richard Dennis, Barbara Devine, Todd Deyoung, John Dickerson. Deana Dickerson, Charles Diffie, Flora Dillon, James Dillon, Nancy Dismukes. Doris Dixon, Shirley Dobbs, Joseph Dodge, Robert Dodson, Betty Domstead, Bill Donahue, Thomas Dorsey, Matt Doty, Duane Doughty, Mary Douma, Dean Doyle, Paul Driver, Bessie Due, James Duggins, Donna Dumos, WIlliam Duncan, Dick Dunlap, Charles Dunlap, A Dunn, Burl Dunn, Courtney Dunn, J M Durkin, Stephani Dye, Raymond Dye, Dustin Dyer, Chad Dyer, Charles

Ε Eason, Rodney Eastland, Leroy Edge, Jeanie Edgley, Kevin Edison, Ronnie Edwards, David Elam, David Elder, Hank Elkins, Gene Elliott, Phyllis Elrod, Jeremy Ennis, Cloyed

Epp, Randy

Dyer, John

Espinoza, Taylor Estep, Brandon Estes, Rufe

Farris, Sherry Fearing, Rebecca Fehring, B Felipe, Duke Fenton, Larry Fergus, Timothy Ferreira, Ken Fields, Clint Fife, Judy Fitzgerald, Wilma Fletcher, David E Fletcher, Zachary Fletcher, Jimmy Floyd, Shelley Floyd, Dale Fogle, James Follis, Lisa Ford, Paul Fore, Vesta Foreman, B M Forgy, Ronald Forney, James Fourhorn, Junior Fowler, Chris France, Michael Freeman, Natalie Freeman, Renee Frey, Arthur Frizzell, Joseph Frizzell, Charlene Frye, Carmon Fryer, Steven Fulkerson, Melissa Fuller, Wylie Funkhouser, W

Funkhouser, Steven

G Gallegos, Gabriel Garabito, Gina Garcia, Peter Gardenhire, R Garrett, Donald Garrett, Harley Garrett, Addie Garrison, Wilmer Garza, Ray Gatewood, Connie Gavin, Herbert Gembacz, Randy Gerken, Jerry Gerlt, Garnett Ghere, Joe Gibbon, Laramie Givens, Rex Gleason, Linda Golden, Frank Gonzalez, Edgar Goodman, Cindy Goodrich, Katrina Gordon, Chris Gorrell, Heather Gowan, Jana Grant, CW Grant. Shaun Grantham, Jimmy Gray, Joe Green, Ron Green, Cecilia Green, Hubert Green, Rufus Greenwood, Kempton Griffin, Flake Griffin, Goldena Griffith, Kelly Griggs, Eddie Grim, Jeff Grooms, Ed Grother, Gwenda Grubbs, David Guerrero-Ruiz, Juan Guevara, Lindsay Guidry, Jon

#### Н

Gurr, Leigh

Hagan, Allison Hagle, Harvey Hagood, Lindell Hale, Tony Hale, Vincent Hales, Connie Hall, Tara Halligan, Matthew Hamm, Dustin Hammack, B Hammond, Jerry Hammond, Lanelle Hampton, Cathy Hampton, Sara

Hawkins, Becky Haves, Edith Haves, Joe Haynes, Kenneth Haynes, John Hazen, Jerrle Headley, Clyde Heard, Robin Heater, Jennie Hector, Willard Hedrick, Marianne Hegwood, Sunny Heilaman, Chris Heman, Minnie Hemphill, Goldie Henandez, Oscar Henderson, Donald Henderson, Joe Hendricks, Larry K II Henry, Stephany Henshaw, Howard Henson, Kenneth Henson, Mary Hernandez, Carrie Hertzler, Marilyn Hestand, Billy Jr Hewett, Howard Hickman, M Hightower, Don Hightower, Betty Hilburn, Bob Hilliary, Kenneth Hilmer, Rick Hiner, Chris Hines, Jimmy Hodges, Carl Hodges, Sylvia Hogan, Billy Hogstad, Kelli Holcomb, Dorothy Holdbrook, Don Holland, Tommy Holland, Eldon Holley, Kimberly Hood, L Hooser, Kendra Horne, Preston Hornsby, Patrick Hossain, Tahzeeba Housh, David Howard, E Howard, Kenneth Howard, Jack Howell, Arnold Howell, Johnny Howell, Cathy

Ibarra, Artemio Ibit, Neville Inman, James

Hudson, Stephanie

Hunkapiller, Susan

Hurley, Brenda

Husband, Jerry

Hutchinson, John

Hurst, Mindy

Hurst, G N

Hutto, A

Huggins, Keith

Hulme, Greg

Humble, E

Hull, Jo

#### J

Jackson, Ronnie Jackson, Sammy Jackson, O Jackson, Nathan Jackson, Jeral Jackson, Corey Jackson, Russell James, John James, Marlene Jarvis, Henry Jenkins, James Jennings, Jimmie Jennings, Lee Jensen, Michele

Johnson, Jay Johnson, James Johnson, Kenneth Johnson, Bart Johnson, Dewey Johnson, Linda Johnson, Deborah Jones, Harold Jones, Kimmi Jones, Meagan Jones, Robin Jones. Roma Jones, Frank Jones, Ann Jones, Connie Jones, Connie R. Jones, Dick Jones, Margaret Jost, Karl Julian, Michelle Jump, Ezekiel

#### K

Kanehl, Sharlet Kays, Jeff Kearby-Witherell, Racheal Keatley, Brandon Keck, Marlen Keechi, Matthew Keeling, April Kelley, Marjorie Kemfort, Christopher Kenyon, Heath Kerns, F Kerns, Ryan Kilcrease, Bill Kimble, Rodney Kimes, Brina Kimmel, Tony Kimrey, Janis King, Kent King, Chuck King, Della King, Minnie King, Gregory Jr. Kinnaird, James Kirkland, Adam Kirkpatrick, Steve Kirtley, Virginia Kise, Jerree Kite, Lana Klein, Colin Klinkerman, Lillie Knetig, David Knightstep, Sherry Knipe, James Knott, Brian Koen, Mary Kohout, Gary Kolker, Paul Kowena, Garv Krachinsky, Leslie Kriesel, Jennifer Kriss. E Kuller, Colleen Kursezewski, Robert

Lamb, Curtis Lambert, Ronny Lancaster, Donald Lance, Joe Landers, Sarah Langley, Kevin Laquey, T Larrabee, Marvin Larsen, Russell Laudick, Lester Leatherwood, Christi Lee, Larry Lee, Chris Leisenring, Tobias Leitzbach, Frank Lemley, Michael Lemons, Ronald Leslie, Charlie Lewis, Floyd Lewis, Larry Lightfoot, Brown Limper, Chandra Lindesmith, Leon Lindsey, Bruce Livingston, Wayne Locke, Richard Locke, Janice Locke, LD Lockwood, Lewis Loftie, Harold Lohr, Frederick Jr Long, Charlotte Long, Emmett Longacre, Greg Lorentz, Heather Louis, Keith Louthen, Robert

Love, Jeanetta

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Loyd, Thera Lucas. Stephanie Lutz, Paul Lyles, Deona Lvnch. Ricky D JR Lynch, W Lynn, Butch Lytle, Sarah

M Mahaffey, Joe Mahaffey, Jimmy Maloney, Rick Mandrell, Kenny Manning, Jack Maples, Jody Marlow, Eddie Marsh, Riley Marshall, Ben Martin, Don Martin. Liese Martin, Claud Martin, Sherriee Martin, Tony Martinez, Margie Martinez, Jose Matthews, James Mauro, Steve Maxfield, Cody Mayberry, Rachel Mayes, Justin Mayfield, Raymond McCalister, Meril McCarley, W McClung, Brandon McClung, Carlden McClung, Daniel McClung, Pauline McCluskey, Pat McComas, John McCraw, Kevin McCray, Joe McCurry, Patricia McDaniel, Michael McDaniel, Steve McDonald, Albert McDowell, Jonathan McFarland, Christan McGee. Kerr McGill, Courtney Mckee, Maude Mcleod. Donna McNabb, Kenneth McNair, James McPhail, Elbert McReynolds, Virginia McVey, Mark McWilliams, Dianna McWright, Randy Meadows, R Meeks, Calvin Meeks, James Meier, Glenda Melton, Debra Melton, Buck Menefee, Hartwell Mercer, Andrea Metheny, Barbara Meyer, Kenny

Michel, William

Michelle, Kelly

Mikel, Crystal

Milburn, Robert

Milburn, Peggy

Milich, Michael

Miller, Robert

Miller, Wayne

Miller, Ralph

Miller, Scott

Miller, Jimmy

Miller, Anthony

Milligan, Ronnie

Million, Shannon

Mitchell, Judith

Mitchell, Evelyn

Mitchell, Lauren

Mitchell, Leo

Mitchell, Joe

Mitchell, Fred

Mills, Jesse

Misel, Don

Mitchell, L

Miller, Lawrence

Mikel. Todd

Mooney, John Moore, Michael Moore, Donna Moore, Gary Moore, Daryl Morgan, Maryann Morgan, Terri Morgan, Glenneta Morris, Cory Morris, Kathy (Colo) Morris, Kathy (Okla) Morrow, Mike Morse, Diane Morton, Julie Moser, James Moss, Randy Moss, Clifford Mouser, Donnie Mouser, Patrick Mulkins, Paul Murphee, Haskell Murphy, Blane Murphy, Katherine Myers, Urcel

Mitrovich, Saundra

Moen, Tim

#### N

Nabors, Jimmie Nalley, Catherine Neal, Robert Neeld, WT Neil, Tanya Neill, Gean Neito, Feliciana Nelson, Tina Nelson, Peggy Nelson, Shawn Neugebauer, Brian Newcomb, Leroy Jr Newman, Jennifer Newman, Willie Newman, O Newman, Melody Newsom, Jamie Newsome, Max Nichols, Tom Nichols, Eugene Norris, Glenn Nottingham, David Null, Brandon Null, Nell Nutt, Don

#### 0

Ogle, Amanda O'Gorman, Lilith Oholorogg, Dana O'Kelley, Katy Oliver, Norman O'Neal, Jo O'Neal, Lacey Ostwald, George Overstreet, Deborah Owen, Cindy

Padgett, Melvin Page, Billy Palmer, Teresa Palu, Teresa Parker, Dewey Parker, Jessica Parker, Chuck Parker, Joshua Parkhurst, Philip Parks, Glyna Parks, Holly Parnell, Suzanne Parris, Brandi Patterson, Ronnie Patterson, Deanna Patterson, Timothy Peacock, David Pearsall, Travis Peavler, Ronald Peck, Ricky Penland, Nellie Pennycuff, John Percival, Claude Perez, Pedro Perez, Paul Persell, Nathan

Peterson, Richelle Peterson, Pamela Peterson, Janet Peterson, Kevin Pettie, Shanna Pettijohn, Natalia Pharaoh, Shannon Phillips, Josh Picarella, Theresa Pickens, Margie Pierson, Clarence Pillow. Bobby Pippin, Brittany Pirtle, Mike Pitts, David

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Quetone, Guy

Provencher, Wendy

Pulis, Kassi

Pulis, Deborah

Purvis, Daniel

Puryear, Gary

Pyles, Cindy

Putzer, Charles Jr.

Rainbolt, Ricky L II

Raney, Jonathan

Rawlings, Lisa

#### R Rader, Jason

Reames, Jeremy Reamey, Lisa Reams, Diana Reed, Steven Reed, Tina Reed, Doyle Reeder, Amalie Reeve, Race Reinlein, Stephen Renfro, James Reser, Chris Reynolds, Tayler Rhoads, Clarence Rhodes, Celina Rhone, Shirley Rice, Gregory B JR Rice, Nora Richardson, Ann Richardson, William Riddles, Charles Riddles, Sandy Riley, Mona Riley, V R Riley, Jerry Rippetoe, Ricky Ritter, H Rivera, Alfred Roach, Jan Roat, Diane Robbins, Jack Roberts, Loyd Roberts, Yvonne Roberts, Larry Robertson, Junior Robinson, Gladys Robinson, Jim Robinson, W Robinson, Beverly Rochell, Brad Rockwood, Joshua Rodgers, Christina Rodgers, Margaret Rodgers, Mary Rogers, Katherine

Romero, Joseph Rosario, Jose Ross, Jamie Rowell, Billy Rowland, Todd Rubalcava, Jennifer Ruberti. Christina Russell, Shawn Rutledge, Jennifer

#### S

Sain, Ruby

Saiz, Harriett Salasar, Jose Sanders, James Sanders, Nona Sanders, Kenneth Sandland, Lois Sanner. Bonnie Sarafis, Nicolle Saupitty, Theresa Savage, Sandra Schaffhauser, William Schlein, Gina Schneider, Brittany Schoen, Otto Schram, E Schreiber, Scott Schrick, Daniel Schulz, Robert Schumann, Rikki Schwab, Sandra Schwenn, Robert Scott, Lincoln Scott, Christy Scott, Dawn Secrest, Misti Seidler, Cindy Self, Joe Sellers, Carl Sellers, Donna Sellman, Marissa Sergent, Alfred Sessums, Larry Sevier, Leon I JR Seymour, Colton Shaddock, Glenn Shea, Ashlyn Shealy, Andrew Shelton, Duane Shirel, Rodney Sigler, Gerta Simmons, Jim Simon, Jeffrey Simon, Al Simpson, A

Sessums, Elizabeth Simpson, Becky Singleton, Jimmy Sisson, David Skinner, Billy Skinner, Richard Slater, Chance Small, Paul Smallwood, Bennie Smallwood, Eddie Smiddy, Courtney Smith, Autem Smith, Fred Smith, G Smith, Janet Smith, Kenva Smith, Sara Smith, Oscar Smith, Michael Smith, Lanier Smith, Marty Smith, Iva Smith, Terry Smith, Lionel Smith, Truman

Smith, Billy

Smith, Johnny

Smith, Wayne

Smith, Jennifer

Snelgrove, Michael

Snyder, Nehemiah

Spangenberg, Peter

Spangler, Sarah

Sparks, William

Sparrows, Stacia

Snare, Jerry

Snow, Ricky

Spake, Eric

Spencer, Johnny Spicer, Madeline Spitz, Alfred Spriggs, Petra Stamper, Donald Stapleton, Kathern Staton, Adrienne Stauffer, Jimmy Stauffer, Frankie Staver, Michael Steed, Warren Steinmeier, Pearl Stewart, Charles Stowers, Sheila Strickland, Lyle Strickland, Virgel Stringfellow, Dakotah Stringfellow, Shanea Stuart, Robert Stuart, Bethany Stuckey, Boyd L JR Stuever, George Stulir, Joe Sudberry, Virginia Sullivan, Amber Sullivan, Alicia Surratt, J Sutton, Jerry

Spaulding, Mike

Swann, Hazel

Sweet, Frank

Swanson, Ewell

Sweeney, William

Sylvester, Jeremy

Tack, Erika Tanzi, Juli Tarpley, Erin Taylor, Charles Taylor, Jerry Taylor, H Taylor, John Teakell, Justin Tedford, Florence Teed, Frances Teeters, F Tenbrink, Lea Tevebaugh, Amanda Thacker, Robert Thomas, Gary Thomas, Teddy Thomas, Robert Thomas, R Thompson, Alvin Thompson, Terry Thurman, Randy Tibbets, Zane Tiegs, Rochelle Tillman, Amanda Tinsley, Jeremy Tipton, Robert Tisdel, Tonja Tissychy, Luzette Tomlinson, R Tomlinson, Kollin Toney, Gloria Towell, Jenny Townsend, Barry Travis, Don Troung, Tung Trusty, Kenneth Tucker, Eleanor Tugman, Julia Turner, Patricia Turner, Kay Turner, Juan Tyner, E Anthony

#### U

Upshaw, Tom Ussery, Lisa

Tyree, Richard

Tyson, Bertha

Valencia, Tony Valenz, Alexander VanBlaricum, Josandra Vanbuskirk, Royce Vanhouten, Michelle Varner, Doug Vaughns, Christopher II Vaught, Robert

Villanueva, Tammy Vowels, Lisa

Waechter, Matthew Wagnon, James Wahnee, Bessie Wahnee, Wayne Waldroup, Allan Walker, Bryan Walters, Amanda Wampler, Carrolyn Wampler, Flora Ward, Jimmy Ward. Carrie Ward, Robert Ware, Paul Wark, Bruce Jr. Warren, Johnny Warren, Leory Watkins, Shirley Watson, Jill Watts, Joseph Way, Dennis Weaver, Shirley Webb, Cynthia Webster, Wesley Welch, Brenda Wells, Larry Wells, David Wesner, Scott West, Shanna Whaley, Jeff Whedbee, Albert Wheeler, Michael Whisler, Caroline White, Matthew White Pigeon, Alan Whitehead, Judy Whitehead, Jennifer Whitmore, C Whitney, Larry Wickware, Steve Widenhouse, Randall Wiedeman, Edith Wiggins, Jerome Willcox, Mark Williams, Alvin Williams, Christi Williams, Don Williams, Calvin Williams, Marilyn Williams, Tandy Williamson, Bessie Willis, Jerry Wilson, Ginger Wilson, James Wilson, Kathy Wilson, Lee Wilson, Tonya Wilson Bennie Wilson, Harvey Winter, Edwin Witham, David Witt, Jeffrey Wiyninger, D Wolverton, Janice Womack, Jessica Wood, Dennis Wood, Stanley Wood, Billie Woods, Marty Woodson, Nancy Wortham, Jeff Wright, Zachary Wright, Jace Wright, Michelle Wright, Alysha

#### Y

Yandell, Scott Yandell, Jeri Yeabrough, Aquarion Yeahquo, Carl Yocum, Larry York, Duane Young, Walter Youngblood, Jack

#### Z

Zachary, Juanita Zamarripa, Jose

Younger, James

# Businesses

Person, Joseph E JR

To claim a capital credit check for a business, we require a Federal ID number.

Rogers, Kathalyn

AP R Wild Horse TR Barr Energy LLC Blue Sky Outdoor Advertising **Bridges Realty** Carol Glenn Dba Nichols Drive Inn Centerpoint Energy Gas Transmission Centerpoint Gas Transmission Chaparral Energy LLC Choice Wireless Amerilink Cline's Store Coastal Plains Energy Com Tel-Choice Wireless Comtel PCS Mainstreet LP Crown Central Petro Corp E O G Resources Inc Enable Oklahoma Interstate Trans LLC F Grant Realtors

FBI Cattle Co Glenmar Company Grace Chapel Pentecostal Church **Graceway Baptist Church** Harris Corporation Hennesee Building Inc High Sierra Crude Oil High Sierra Transportation High Sierra Water Serv Midcontinent Homco Int Inc J & J Oil CO J and S Oil Company Joe's Auto Salvage Ken's Construction Koetter Farm Acct Krystal Lund Photography Landis Welding Fairview Baptist Mission LDS Church

Lippert Brothers Const Mangum Oil and Gas McFall and McFall Meek's Auto Sales Noram Gas Transmission CO Observation Point Guest House LLC OSU-UML Partners for Rural Development Placer Oil CO RC-LK Cattle CO Red River Air Inc Samson Resources CO Sentry International Sojourner's Gate South 81 Plaza Inc Spur Industrial Sun Oil Co

Sunoco Logistics Partners LP

Sunray DX Oil CO T&W Oil and Gas LLC Taubert and Steed Tide West Oil Co Total Pipeline Inc Trans OK LLC Troy's Sandblasting LLC Truluck Enterprises Two Star Petroleum CO Union Pac Resources CO Valley Butane and Propane VBLC INC VFW Post 1192 W & B Oil Wood Land & Cattle CO

WT Robinson & Sons Trucking

## Cotton Electric energy efficiency home evaluations benefit members

Cotton Electric employees work to serve our members and provide excellent member service. One of the many ways the co-op is there for our membership is through energy efficiency home evaluations.

Energy evaluations are conducted by Cotton Electric Energy Efficiency Coordinator Heath Morgan at no charge for our members. Whether it's a question concerning energy costs, installing new equipment or appliances, or adding on to your home, Morgan will provide members the most energy efficient improvement options for your home.

Whenever you schedule an energy efficiency home evaluation, Morgan studies the structure's energy history to help members decide how they can improve their home's energy efficiency.

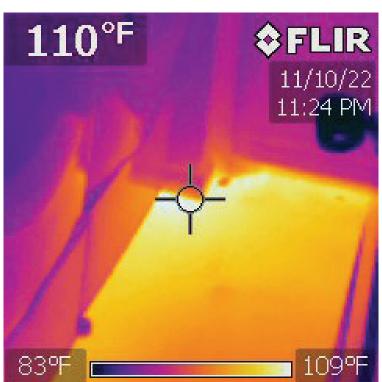
During an evaluation, Morgan meticulously measures and inspects different areas of your home where heat and air could be leaking, such as the attic, windows, floors, insulation, and more.

After conducting an evaluation, Morgan discusses his calculations and improvement options members can implement to increase their home's energy efficiency. Members will also receive a

report of the results from the energy evaluation.

A Cotton Electric member recently reached out to the co-op after receiving energy bills higher than usual. After Morgan analyzed the billing history, he checked the structure's current efficiency on-site. He checked the windows and doors for any leaks, the heating and air conditioning unit for any issues, the attic for proper insulation, and more. The previous areas didn't raise any concerns for Morgan, but he soon noticed the water heater was running more than it should.

Morgan investigated the water heater equipment more in depth and discovered the water heater was leaking under the foundation of the house. When he looked more into the rooms on the other side of the water heater closet, there was a significant increase in the room's temperature. When Morgan analyzed the flooring with a thermal imaging device, the area of the leak was detected and found to be heating a corner of the floor at more than 100 F (pictured above).



A thermal imaging device detects an high increase in temperature on the floor indicating the location of the leak. Photo courtesy of Heath Morgan.

The calculation of what the water heater was costing the member closely matched the increase in the bill, leading Morgan to conclude this was the issue behind the jump in energy usage.

After Morgan finished the energy evaluation, he thoroughly explained the results to the member and recommended improvements for the leak.

When members schedule energy evaluations with Cotton Electric Cooperative, they will receive excellent member service from an expert on ways to improve their home's energy efficiency.

For questions or to schedule an energy efficiency home evaluation, please call 580-875-3351. To learn more visit www.cottonelectric.com/energy-efficiency.



Cotton Electric Energy Efficiency Coordinator Heath Morgan checks attic insulation and efficiency. Photo by Carli Eubank.















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# Fuel your knowledge before powering up a generator

table generator to use it for backup power, there are important lifesaving safety steps you should know. It is best to familiarize yourself with how to use a generator properly before needing one.

Before powering up a portable generator, be sure to do the following:

1. Check carbon monoxide (CO) detectors. Protect yourself and those you love by making sure there are battery-operated CO testers in

properly and have fresh batteries installed.

- 2. Read the instructions carefully. Many people are tempted to skip this step, but incorrectly using a generator can cause CO poisoning, which is often deadly. These are instructions you should take the time to read.
- 3. Know how to use a portable generator properly. Operate generators at least 20 feet from doors and windows and never use one in any type

Before you grab your por- your home that are working of enclosed structure, such as a garage, shed or tent. If your RV has a generator, make sure to operate it safely to avoid CO poisoning.

- 4. Keep it dry. If it is raining or snowing, position it under a portable canopy (but not under a carport).
- 5. Keep utility workers and others safe. Never plug a portable generator into a wall outlet. Never use a permanent generator without throwing the transfer switch. Doing either of these things can cause

power grid.

- 6. Make sure the transfer switch is endorsed by a reputable testing laboratory, such as UL, and that the installation meets all applicable electrical codes.
- 7. Plug items directly into a portable generator and use heavy-duty extension cords that are in good working condition and are the correct gauge. The lower the gauge number and the thicker the cord, the more electricity it

dangerous backfeed into the can safely carry; refer to the owner's manual for specifics. Do not plug one extension cord into another.

8. Let the generator cool down before refueling. Also,

store fuel safely. 9. Keep the equipment well maintained and have it inspected regularly.

To learn more about safe generator use and electrical safety in general, visit Safe-Electricity.org or www.cottonelectric.com/safety.

Source: SafeElectricity

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# Co-op Life

It's a year-end tradition at Cotton Electric to honor board members and employees for their years of service.



Clint Ingram 20 years



Ashley Shortt 20 years



Vickie Smith 20 years



Braylin Dowlen 5 years



Tony High 5 years



Keeton Sallee 5 years

## Employees recognized for their commitment to safe service



Safety is ingrained in everything we do at Cotton Electric Cooperative. It's even in the co-op's mission statement: to "safely deliver reliable and affordable power."

As Cotton's Safety and Loss Control Director, Hooper coordinates all safety policies, procedures and training. His focus on safety is echoed by CEO Jennifer Meason and supported by the cooperative's board of trustees.

"Some may say it's keeping the lights on, but I say safety is job number one for everybody at the co-op," said Jarrod Hooper.

Providing electric service requires equipment ranging from computer keyboards to large digging augers. About 90 Cotton Electric employees carry out tasks as varied as pushing reams of old documents into a paper shredder to riding a bucket 60 feet in the air to repair a high-voltage line.

Every piece of equipment and every task presents a potential accident, yet Cotton Electric employees have a pretty good record of safe work that extends over quite a bit of time.

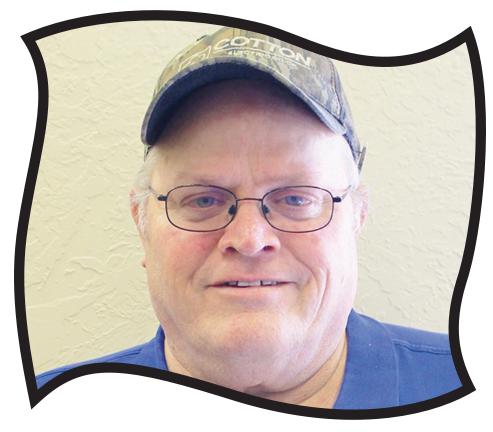
That is an important accomplishment, so important that once a year the co-op recognizes the employees whose safe work records have passed five-year increments.

In 2022, 15 Cotton employees achieved those five-year marks for a

combined total of 210 years of accident-free service.

Employees recognized include Shane Bowers, Ron Clifton, Jennie Evans, Billy Kennard, Monty McDaniel, and Dillon Thompson, who have each worked 5 years with a safe work record.

Adam Metcalfe and Chace Penn have worked safely for 10 years, while Josh Belcher, Jennifer Kriz and Eric Woods have 15 safe years. David Break has 25, and Angel Bowles, Tonya Daniel and Greg Kohout have a 30-year safe working record.



Employee of the Year Ron Clifton

Cotton Electric Dispatcher

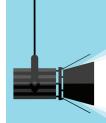




Leadership in Health/Safety
Heath Morgan
Cotton Electric Energy Efficiency Coordinator



Leadership in Safety
Joe Moore
Cotton Electric Vegetation Management Foreman



# Community Spotlight

If you would like your community event listed in the January issue, please submit information by calling 580-875-3351 or send an email to TheCurrent@CottonElectric.com by Dec. 30. Only events occuring after Jan. 16 will be published in the next issue.

Editor's Note: We recommend checking for cancellations with local sources before attending any event.

#### Portraits with Santa at local shops

Viridian Coffee is offering Portraits with Santa at their multiple shop locations. For \$30, participants will receive 3-6 photos on DVD and one 8x10 print delivered back to Viridian Coffee a few days after photo day. No appointment is needed, but pre-registration can be complete at www.viridiancoffee/SantaPhotos. Photos will be taken at the following Viridian Coffee locations:

- Duncan: from 5-7 p.m. on Dec. 13 • Lawton: from 5-7 p.m. on Dec. 15 For more information, visit their Facebook event page.
- Holiday fun for the whole family

Enjoy an evening celebrating the Christmas season with the family at Kochendorfer Christmas. Cookies, crafts, Santa pictures, food, and a magic show featuring Keith Coast will be available. Pictures with Santa will be from 3 - 5 p.m. and the magic show will begin at 6 p.m. The event is on Dec. 17 at Kochendorfer Brewing Company on 1155 McCurdy Road, Duncan. For more information, visit their Facebook event page.

#### Enjoy tea with royalty

Children ages 4-8 years old can meet Belle and Elsa for a Royal Tea Party at the Duncan Public Library. Must call to register for a session at 11 a.m. or 1 p.m. Registration opens on Dec. 13 and the event is on Dec. 20 at Duncan Public Library, 3785 N. Hwy. 81, Duncan. For questions or to register for the event, call 580-255-0636.

#### New local art coming to CTAC

Join the Chisholm Trail Arts Council (CTAC) for the opening night reception of the Stephens County themed art exhibit. Pieces will show the essence of scenes and imagery within Stephens County. The opening reception is on Jan. 13 and the exhibit will be up until Feb. 24 at the CTAC Art Gallery, 810 W. Walnut Ave., Duncan. For more information, call 580-252-4160 or visit www.chisholmtrailarts.com.

#### **Local Christmas Tree Farm**

Visit D & L Christmas Tree and Wreaths for fresh Christmas trees in time for the holiday season. The Christmas tree farm offers fresh-cut trees, wreaths, and center pieces. Operating hours are from 1 to 5:30 p.m. seven days a week at 16140 NE Watts Road in Fletcher. For more information, call 580-549-6994 or visit their website at www.dandlchristmastreefarm.com.

#### Christmas experience in Lawton

Experience the 2022 Trail of Cheer throughout the month of December in Lawton. Attendees can meet Santa Claus, visit Northland, see the Holiday Magic Show, try escape games, admire light displays and much more. Entry fee is \$15 per person ages 12 and up, \$12 for ages four to 11, and kids three and under can enter for free. Discounts and promos are available on their Facebook page. All proceeds will go towards growing this event for the community. The 2022 Trail of Cheer is open from 6 – 9 p.m. Dec. 15 – 18 at 11101 SE Lee Blvd., Lawton. For more information, email bob@trailoffear.com or visit their website at www. trailofcheer.com.

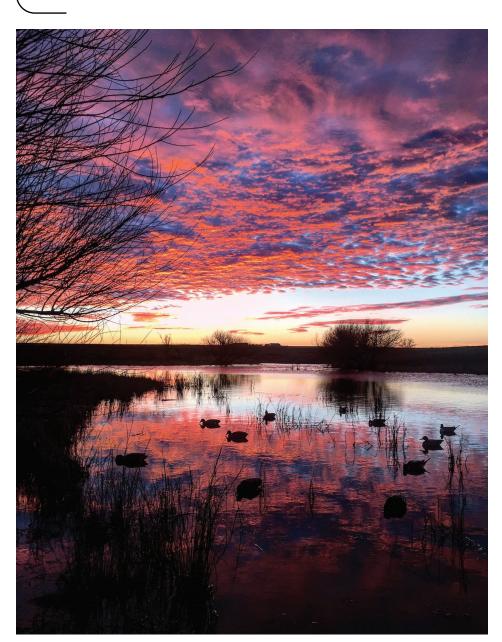
#### Food pantry open once monthly

Walters Community Food Pantry is open from 8 to 11 a.m. on the second Saturday of each month. The pantry is in the old City Hall, 131 1/2 W. California Street. Pantry organizers try to provide a two-week supply of basic staples to anyone with identification and proof of Cotton County residency. Monetary donations may be sent to Food Pantry, c/o Paul Metcalfe, 211 E. Colorado St., Walters, OK 73572. For information or questions, call Roger Noland at 580-591-6826.

#### Blessings Boutique open monthly

Marlow First United Methodist Church opens its Blessings Boutique from 11 a.m. to 2 p.m. every first and third Tuesday of the month. Clothing donation drop-off days are Tuesdays, or donors can call the church at 580-658-2765 for questions or to make other arrangements.

# **PHOTO** OF THE MONTH



Ely King captured this colorful photo while duck hunting north of Walters.

Enter your "best shot" in our Photo of the Month contest. The theme for January is Generations. Entries can be emailed to TheCurrent@ CottonElectric.com or mailed to The Current, 226 N. Broadway, Walters, OK 73572. Winners will receive a Cotton Electric prize.



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# The Current

2023 Publication Dates

January					
Ad Sales Deadline	Dec.	30			
Classified Deadline	Dec.	30			
Publish Date	Jan.	16			

**February** Ad Sales Deadline Jan. 27 Classified Deadline Jan. 27 Publish Date Feb. 13

March Ad Sales Deadline Feb. 24 Classified Deadline Feb. 24 Publish Date Mar. 13

#### **April** Ad Sales Deadline Mar. 24 Classified Deadline Mar. 24 Publish Date Apr. 10

May Ad Sales Deadline Apr. 21 Classified Deadline Apr. 21 Publish Date

June Ad Sales Deadline May 26 Classified Deadline May Publish Date June

July Ad Sales Deadline June 30 Classified Deadline June 30 Publish Date July 17

August Ad Sales Deadline July 28 Classified Deadline July 28 Aug. 14 Publish Date

September Ad Sales Deadline Aug. 25 Classified Deadline Aug. Publish Date Sept. 11

# October

Ad Sales Deadline Sept. 29 Classified Deadline Sept. 29 Publish Date

## November

Ad Sales Deadline Oct. 27 Classified Deadline Oct. 27 Publish Date

December Ad Sales Deadline Nov. 24 Classified Deadline Nov. 24 Publish Date

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# Local medical staff inspires individuals across the world

By Carli Eubank

A medical facility within Cotton Electric's service territory is changing lives locally, nationally and internationally. For almost six years, Dream Team Prosthetics in Duncan treats individuals with limb loss on all amputation levels.

Patients come from as close as Marlow and as far as Ecuador for the support and uniquely-designed treatment plans from Dream Team Prosthetics during their prosthetic journey.

"What we do that's special at Dream Team Prosthetics is tailor a program for each individual patient," said Chad Simpson, co-founder and clinical director with Dream Team Prosthetics. "There is a similar pattern to our treatment process, but everyone reaches milestones in their own time."

Depending on how far the patient must travel, they will visit with Dream Team Prosthetics staff for either a week or two weeks. On the very first day patients are fitted for the foreshortened, or initial, prostheses and build their stamina in the custom sockets at the facility. After the first day, socket modifications needed for the comfort of the patient are noted before staff members mold the final prosthetics.

Patients go through a lot in a short amount of time during Dream Team Prosthetics' concentrated treatment plan, but after the first few daily visits at the facility, patients return home and start their own plan with functionals milestones that our staff monitors, Simpson said.

"We provide patients the tools they need to take back home and progressively use on a daily basis over longer periods of time to reintegrate them back into society," said Randy Richardson, Dream Team Prosthetics co-founder and assistant prosthetist. "As our patients progress, we are able to move forward with what they need to get them closer to transitioning to full length prosthetic legs with the microprocessor knee."

The microprocessor-controlled knee has a computer inside the prosthetic that reads the patient's knee force while walking, bending and more. The computer analyzes 100 times per second and then provides hydraulic resistance necessary for individuals to be supported, Richardson said. Staff members program the patient's base settings into a computer and fine tune those settings after the patient's fitted with their final prosthetic, he added.

In some cases, when thinking about how to fit and shape a socket for a patient to use efficiently every day, there are a lot of ideas that have to be thrown around to come up with a real creative solution, Richardson said.

Dream Team Prosthetics staff also created and hosts Bilateral Life Camp. This week-long experience happens once a year and focuses on the specific needs of individuals with bilateral, amputation of more than one limb, above-the-knee limb loss. The camp helps enable patients to get back up in their lives, the workforce, with their families or whatever activity they want to resume, Simpson added.

Peer support is a vital component to our Bilateral Life Camp, said Richardson. Patient presenters help inspire new patients and give them goals to achieve, he added. Individuals are also able to find community during the camp and on social media platforms.

"For us, it's all about the individual and giving them function and better quality of life," said Richardson.



Patients walk down a ramp at the facility. Photo courtesy of Dream Team Prosthetics.

Dream Team Prosthetics staff support their patients through every challenge and milestone reached in their journey, providing a community for patients to seek help.

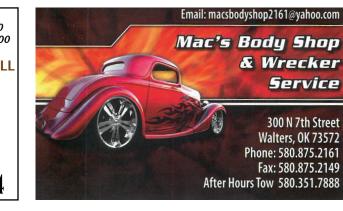
"Most people come to us because they've spent the last couple of years of their life struggling with prosthetic care and given up on being successful with it," Simpson said. "What really charges our batteries is helping patients through all the steps and seeing them walking down stairs or pushing their children on the swings because they have gained that much trust."

For more information about Dream Team Prosthetics, visit www. dreamteamprosthetics.com.



Dream Team Prosthetics patients take a group walk during Bilateral Life Camp in Duncan. Photo courtesy of Dream Team Prosthetics.









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# A warm stew to chase the chill away Jalepeno Pork Stew with Pickled Onions

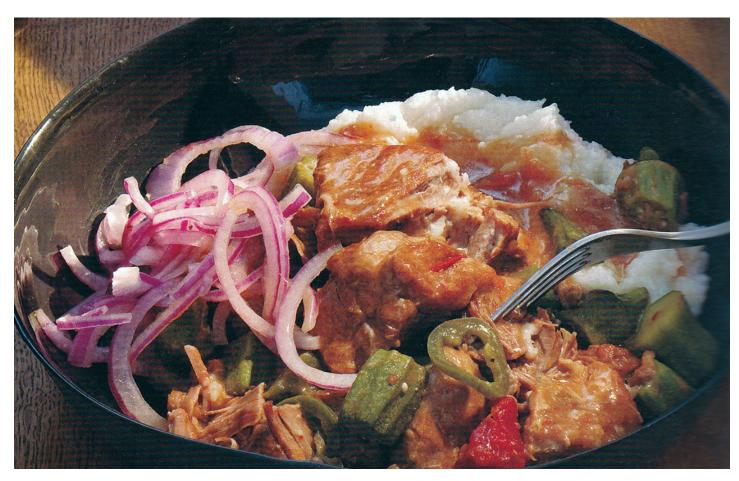
As the mercury dips and snow and ice making conditions outside less inviting, a warm and welcoming meal inside can be just what the doctor ordered.

This recipe for "Jalapeno Pork Stew With Pickled Onions" from "Real Simple Dinner Tonight: Done!" (Time Home Entertainment) by the editors of Real Simple is tailor-made for a cold day. This hearty dish will warm anyone up, both from the heat of the stew itself and the spicy kick of the jalapenos.

#### Ingredients;

- 4 tablespoons olive oil
- 5 pounds boneless pork shoulder or butt, trimmed and cut into 2-inch pieces
  - 2 tablespoons ground cumin Kosher salt and black pepper
  - 3 tablespoons all-purpose flour
  - 1 cup fresh orange juice
- 1 14.5-ounce can diced tomatoes, drained
  - 12 cloves garlic
- 1 to 2 jalapeno peppers, seeded and sliced
  - large red onion, thinly slicedcup red wine vinegar
- 1 1-pound package frozen cut
- okra

11/2 cups grits



#### **Instructions:**

Heat oven to 325 F.

Heat 2 tablespoons of the oil in a large ovenproof pot or Dutch oven over medium-high heat.

Season the pork with the cumin, 1 1/2 teaspoons salt and 1/2 teaspoon black pepper. In batches, cook the pork until browned, turn-

ing occasionally, 6 to 8 minutes; transfer to a plate.

Add the flour and the remaining 2 tablespoons of oil to the pot and cook, stirring for 1 minute.

Add the orange juice, tomatoes, garlic, jalapenos, and 4 cups water and bring to a boil.

Return the pork to the pot, cover, transfer to oven,

and cook until the pork is tender, 2 1/2 to 3 hours.

Meanwhile, in a small bowl, toss the onion with the vinegar, 1/2 cup water, and 1/2 teaspoon salt. Let sit, tossing occasionally, for at least 30 minutes (and up to 4 hours).

Skim off and discard any fat from the stew.

Add the okra.

Cover the pot, return it to the oven, and cook until the okra is tender, about 15 minutes. If the stew is too thin, place the pot on the stove and simmer, uncovered, until thickened, 5 to 10 minutes more.

Meanwhile, cook the grits according to the package directions. Serve with the stew and marinated onions.

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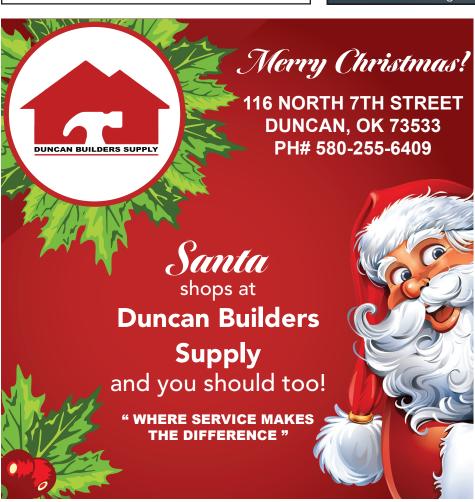


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# Fruits add different flavors

Truit for dessert can be ◀ elegant, nutritious and delicious. During the season of sugary treats, consider changing up your dessert routine by using seasonal fresh fruits and dried fruits as the last course. You will experience different flavors and fuel your body with nutrients it can benefit from.

Baking, grilling, sautéing and broiling accentuate the natural sweetness of fruit, while decreasing the need for added sugar. Cooking does alter some vitamin and mineral levels, but other nutrients, like polyphenols, are unaffected or enhanced. Switching apple pie for baked apples with cinnamon adds a significant amount of fiber with less added sugar, calories and fat.

Baked apples are not the only fruit-forward dessert option. Pears can be poached or roasted and stuffed with nuts and dried



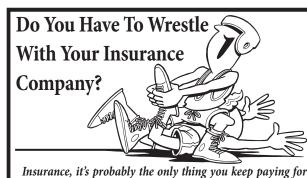
Kim Bandelier, MPH, RD, LD

### Food 2 THOUGHT

fruit. Stone fruit can be grilled or baked and drizzled with sauce. Figs can be slathered with goat cheese. Dates can be wrapped with bacon. You can also keep it simple with seasonal fresh fruits mixed together and served with low fat yogurt or chocolate. Go for dark chocolate with a high cocoa content to get a double dose of nutrients that promote health.

Some fruits are better to cook with than others. It is best to consult several recipes before going to the grocery store to choose a type of fruit. For example, Red Delicious apples are good for sauces, but Granny Smith, Jonagold, or Honeycrisp are better for baking due to their flavor and texture. Bosc and Anju pears are best for cooking because they maintain their shape.

The Dietary Guidelines for Americans recommended adult women age 51 or older get 1.5 cups of fruit and adult men age 50 or older get 2 cups of fruit per day. Are you meeting those recommendations? Fruit pies and fruit cakes don't count, but dessert with fruit as the main ingredient and limited added fat and sugar can certainly count toward your daily goal.



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#### Add layers of protection to financial strategy

To achieve your financial I security, and that of your family, you will need to create a comprehensive strategy. But for this strategy to succeed, you'll need to guard it from various  $challenges-and\ that\ means$ you'll need to build in different layers of protection.

What are these challenges and what types of protection can be used



to defend against them? Consider the following:

Challenge #1: Protecting your ability to reach your goals – To achieve your long-term goals, such as a comfortable retirement, you'll need to build adequate financial resources. And that means you'll need to create an investment portfolio that's suitable for your objectives, risk tolerance and time horizon. And you'll need to keep your long-term goals in mind when adjusting your portfolio during times of

• Challenge #2: Protecting your family's future if you're not around – Hopefully, you will live a long life and always be around to support your family. But the future

is not ours to see - and if something were to happen to you, how would your family cope? Their chances could be much better if you have adequate life insurance. Proper coverage could help pay off your mortgage, pay for your children's higher education and allow your family to continue its

• Challenge #3: Protecting your income should you become temporarily disabled If you were to become ill or temporarily disabled and could not work for a while, the disruption in your income could jeopardize your family's living situation, or, at the least, lead to an inability to pay bills in a timely fashion. To protect

against this threat, you may want to consider adding disability insurance. Your employer may offer a shortterm disability policy as an employee benefit, but it may be insufficient, either in duration or in amount of coverage, so you might want to look at a private policy.

• Challenge #4: Protecting your long-term investments from short-term needs -Life is full of unexpected expenses – a major car repair, a new furnace, a large bill from the dentist, and so on. If you did not have the money available to deal with these costs, you might be forced to dip into your long-term investments, such as your IRA or 401(k). Taking money from these accounts earlier

than you intended could incur taxes and penalties, and, even more importantly, could reduce the amount of money you have available for retirement. To help protect these investments from short-term needs for cash, try to build an emergency fund containing three to six months' worth of living expenses, with the money kept in cash or a liquid account.

 Challenge #5: Protecting your financial independence You would probably do all you could to avoid ever becoming a burden to your grown children - which is why it's so important to maintain your financial independence throughout your life. One potential

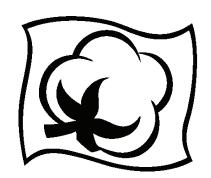
threat to this independence is the need for some type of long-term care, such as an extended nursing home stay, which can be extremely expensive. A financial professional can suggest protection strategies to help you prepared for these types of costs.

It can be challenging to keep your financial strategy intact – so do whatever it takes to protect it.

Edward Jones, Member SIPC

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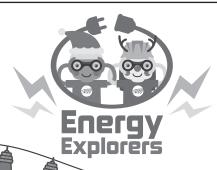
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#### **HOLIDAY EFFICIENCY CROSSWORD PUZZLE**

The holiday season is a fun, festive time of year! It's also a time when we use more electricity.

Complete the crossword puzzle below to learn how you and your family can be more energy efficient this holiday season.



- **DOWN:** Decorate your \_\_\_\_\_ with energy-saving LED lights. 2. ACROSS: Smart or programmable \_\_\_\_\_ can help control heating costs if you're traveling during the holiday season. 3. **DOWN:** Save energy by using a \_\_\_\_\_ to turn off holiday lights at night. 4. ACROSS: If you have a fireplace, ask an adult to close the damper when a is not burning. **5. DOWN:** Open blinds and curtains during the day to let natural in to warm your home. 6. ACROSS: Lower the thermostat when your family has \_\_\_\_\_ visiting during the holidays.
- ANSWER KEY SUNLIGHT **STATSOM93HT** FIRE TIMER **BBAT** 4. ACROSS: 2' DOMN:

			9		4			3
3					8			
6	2	8		1				9
						5		
5	9		8	6	2		1	4
	3	1		9			8	2
	5			3				
8		4	1		9			
	6		2			4		

Level: Beginner

#### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



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## Twas the Night Before Christmas at Cotton Electric Cooperative

Adaptation by Carli Eubank

'Twas the night before Christmas, when all through the land Not a snowstorm was stirring, the sky seemed bland; The branches were cleared by the crew with care, In hopes that quality light would remain there;

The members were nestled all snug in their beds; While visions of co-op hats danced in their heads; And mamma in her blanket, and I in my cap, Had just settled our brains for a long winter's nap,

When all through the house there fell such a darkness, I sprang from my bed to see with more sharpness.

Away to the window I flew like a flash,

Tore open the shutters and threw up the sash.

The moon shining bright on the now damaged line,
The lights were out at house 2209,
When what to my wondering eyes did appear,
But Cotton Electric trucks with headlights so clear,

With a party of linemen so lively and quick,
I knew in a moment they'll do the trick.
How swiftly they strapped on their gear when they came,
And they whistled, and shouted, and called them by name:

"Now, Bobby! now, Ronnie! the Dillons and Larry!
Now, Kyle! now, Keeton! Now, Evan and Terry!
Now, TJ! now Shayne!, now Marc and Scott!
Now Braylin!, now Zach! - they're quick on the spot.

To the top of the pole! to the break in the line!
Now climb away! climb away! climb away fine!"
As snowflakes that before the winter storm fly,
When they meet with an obstacle, climb to the sky;

So up to the pole-top the linemen they flew With the truck full of tools, and safety gear tooAnd then, with some tinkering, I heard on the line The trimming and chipping of one little pine.

As I drew in my head, and was turning around, On a high pole the linemen worked with a bound. Dressed in their safety gear, from their head to their boots, Helping members is a calling deep in their roots;

A bundle of tools was hung on their belt,
And they investigated the issue that had been dealt.
Their eyes—how they twinkled! their dimples, how merry!
Their cheeks were like roses, their noses like a cherry!

Their eyebrows were drawn with pure determination,
Working so hard to bring back illumination;
A string of the line they held tight in their hands,
They were so close to bringing light across the lands;

They had a broad smile and a very proud feeling
To know that members could soon go back to dreaming.
Crews were ready and trained, good attitudes they maintained,
Safety meetings and trainings, in their minds were ingrained;

With a wink of their eyes and a twist of their heads Soon the members knew they had nothing to dread; Crews spoke not a word, but went straight to their work, And fixed the outage; then turned with a jerk,

They checked their work along the line,
And giving a nod, they saw Christmas trees shine;
They climbed down the pole, to the crew gave a holler,
And away they drove off, their trucks getting smaller.

But I heard them exclaim, as they drove into the night— "Happy Christmas to all, and to all... you have light!"

#### Merry Christmas from all Cotton Electric employees!



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