What's Inside



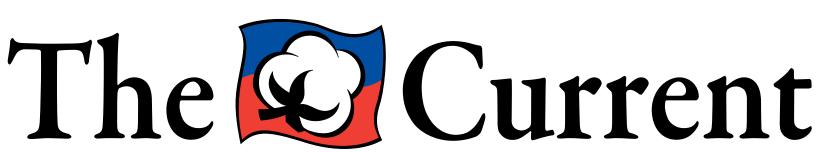
Capital credit missing addresses on page 6



Making a difference with each stride on page 11



Turkey cranberry dinner rolls on page 14



A Publication of Cotton Electric Cooperative Inc.

A Touchstone Energy® Cooperative **

"The Current - Informing Our Members Since 1957"

November 14, 2022 **VOLUME 65** NUMBER 3

2023 Youth Tour essay contest open for entries

Are you or someone you know a high school junior in the Cotton Electric Cooperative service area? Looking for a trip of a lifetime to our nation's capital while making friends from across the nation? Applying for Cotton Electric's Youth Tour essay contest is a great opportunity to do so.

Cotton Electric Cooperative is excited for another year of essay competition, where two finalists will go on an all-expense-paid trip to Washington, D.C.

Youth Tour is a week of hands-on learning while making memories that will last a long time. Student finalists will learn about government the cooperative business model, see historic monuments, gain leadership experience

and meet new people.

Tyler Hertzler, a 2022 Youth Tour winner, encourages students to apply for Cotton Electric's essay competition for the chance to experience this incredible opportunity. Hertzler said his favorite part of the trip was witnessing the changing of the guard at the Tomb of the Unknown Soldier.

"Watching the changing of the guard was one of the best things I have ever seen," Hertzler said. "I wasn't watching a history video. I was able to watch the real thing before my eyes. I can't explain it."

the competition, con-teria: knowledge of ers will be awarded with testants must be a high school junior in the Cotton Electric service territory. The student and their families do not

have to be Cotton Electric members; however, sons or daughters of Cotton Electric employees and board members are not eligible to participate in the contest.

The contest is divided into three rounds. For the first round, applicants will submit an essay of 400-500 words on this topic: "Cotton Electric Cooperative operates on the Seven Cooperative Principles. Which three of these resonate most with you, and why?" Sources must be cited and do not count toward the total word count.

Essays will be judged To be eligible to enter by the following crisubject, 40%; originality, 30%; composition, 10%; grammar, 10%; and spelling and punctuation, 10%. All submissions are made anonymous fore submission to judges. Employees and board members of Cotton Electric will not serve as judges.

The top 15 essays to move onto the second round - a live video interview, via Zoom. The question-and-answer interview between students and judges will be arranged by Cotton Electric. From there, the top five contestants will advance to the final round. They will be required to submit a recorded oral presentation of their essay.

The top two presentan all-expense-paid trip to Washington, D.C., in June 2023, or a \$1,500 scholarship. The scholarship will be awarded

only if safety conditions do not

allow for travel. "Youth Tour is a special opportunity that not everyone gets to do," Hertzler said. "Words can't describe how amazing and impactful this trip was. It truly was one of the greatest things I've experienced."

Another 2022 Youth Tour winner was Isabel Moore. One of the things she took away from the trip was the incredible sights she saw

that she had only seen before in movies or read about in

books.

in-per-

"The whole trip was surreal to me," Moore said. "It was a once-ina-lifetime opportunity. I am really thankful."

The deadline to submit an essay is 3 p.m. on Jan. 17, 2023. Apply online at www.cottonelectric.com/youthtour. For questions or more information, please call us at 580-875-3351 or email zyoung@cottonelectric. com.







2022 Youth Tour winners Tyler Hertzler and Isabel Moore in front of the White House on one of their many site visits during the trip.

Youth Tour Schedule 2023

Oct. 31, 2022

Contest opens for entries

Jan. 17, 2023

Deadline to submit essays - 3 p.m.

Feb. 9, 2023

Live interviews for Top 15

Feb. 21, 2023

Video presentations due for Top 5

June 7, 2023

Youth Tour Meet & Greet in OKC

June 16, 2023

Youth Tour Banquet in OKC

June 17-23, 2023

Youth Tour trip to Washington

Power Cost Adjustment Calculated

The power cost adjustment now being applied to bills mailed after November 1, 2022, is \$0.02400 per kWh.

On a member's average bill of 1,300 kilowatt hours (kWh), this will amount to a charge of \$31.20 on the October bill.

| U | CLODE | er 202 | 22 Tei | прега | ture . | Extrei | nes | | |
|--------------|-----------|----------|--------|-----------------------|--------|--------|-----|--|--|
| Day | High | Low | Avg. | Day | High | Low | Av | | |
| 1 | 86 | 49 | 68 | 16 | 72 | 60 | 60 | | |
| 2 | 87 | 44 | 66 | 17 | 66 | 42 | 54 | | |
| 3 | 86 | 45 | 66 | 18 | 61 | 37 | 49 | | |
| 4 | 88 | 47 | 68 | 19 | 71 | 33 | 52 | | |
| 5 | 88 | 52 | 70 | 20 | 83 | 39 | 6 | | |
| 6 | 88 | 59 | 74 | 21 | 92 | 41 | 6' | | |
| 7 | 70 | 57 | 64 | 22 | 95 | 64 | 80 | | |
| 8 | 60 | 49 | 55 | 23 | 90 | 66 | 73 | | |
| 9 | 77 | 53 | 65 | 24 | 75 | 51 | 6. | | |
| 10 | 81 | 58 | 70 | 25 | 70 | 44 | 5′ | | |
| 11 | 81 | 62 | 72 | 26 | 70 | 40 | 5: | | |
| 12 | 86 | 50 | 68 | 27 | 73 | 48 | 6 | | |
| 13 | 78 | 48 | 63 | 28 | 55 | 52 | 54 | | |
| 14 | 88 | 45 | 67 | 29 | 67 | 53 | 6 | | |
| 15 | 94 | 52 | 73 | 30 | 74 | 45 | 6 | | |
| | srh.noaa. | _ | | 31 | 76 | 41 | 5 | | |
| $Av\epsilon$ | erage D | aily Hig | gh: 78 | Average Daily Low: 49 | | | | | |

Did You Know?

Cotton Electric offices will be closed on Nov. 24 and 25 for the Thanksgiving holiday.

Emergency calls will be answered at 580-875-3351 or 800-522-3520.

The next issue of The Current should arrive in mailboxes on Dec. 12, 2022.

Contact Us

Do you have a story idea for The Current or do you need to place an ad? If so, let us know.

We can be reached at 580-875-3351 or by email at TheCurrent@ cottonelectric.com.

You can also drop us a line at Cotton Electric Current, 226 N. Broadway, Walters, OK 73572.



Mission Statement Our mission is to

safely deliver reliable and affordable power, provide excellent member service, and improve the quality of life in the communities we serve.

From the CEO

Winter heating costs expected to be higher this season

▼he U.S. Energy Infor-Administration recently released its Short-Term Energy Outlook. The report forecasts average household expenditures for home heating costs for the upcoming winter. Compared to last winter, the forecast predicts we'll pay more to heat our homes this year because of higher fuel prices as well as forecasted increased energy consumption.

On a national average, homes heating with natural gas should expect a 28% increase, heating oil by 27%, electricity by 10% and propane 5% for the October 2022 - March 2023 timeframe. The full report is available at www.eia.gov/outlooks/steo.

What is driving the increases in electricity prices?

There are several contributing factors including higher wholesale electricity prices, primarily driven by increased natural gas prices used for power generation; continued retirements of coal-fired plants throughout the country and constraints in coal deliveries for those still in operation; and tight global supply conditions.

As I wrote earlier this year, Cotton Electric has experienced

cost of power we purchase on your behalf is typically 70% of our total expenses. For the first nine months of 2022, it has increased to 76.9% of our total expenses.

Although our rate structure has not changed, members see the impact of increased wholesale power costs through the Power Cost Adjustment (PCA).

What is the PCA?

As a not-for-profit electric utility, it is critical that we recover all of the Cooperative's power cost from the members who used it. Our goal is to break even and our rates are designed to accomplish that task through the monthly PCA. The PCA reflects the increase or decrease in Cotton Electric's cost of power purchased from our power provider, Western Farmers Electric Cooperative.

Residential members on Cotton Electric's General Service rate pay \$0.08950 per kWh. The rate includes 6.25 cents per kWh to cover the cost wholesale power. Cotton Electric maintains your electric system and distributes electricity on the small difference of 2.7 cents per kWh.

When the cost of purchased increases in the cost of wholesale power is more or less than 6.25

power that affects all of us. The cents per kWh, the PCA is increased and shown as a charge in order to recover the price we paid for power. When the cost of purchased power is less than 6.25 cents per kWh, we return the difference and members receive a

> The costs for wholesale power are a straight pass-through meaning Cotton Electric makes no margin on the PCA.

For October 2021 billing, the PCA was \$0.00708/kWh. For October 2022 billing, it increased to \$0.03292/kWh. If a member used 1,000 kWhs in October of both years, they would see an increase of approximately \$25 over the previous year. The PCA Charge is listed on your monthly bill under the Service Detail section.

What can we do this win-

We encourage all of our members to make small changes to conserve electricity such as:

- Adjust your thermostat a few degrees. Heating above 68 F in the winter increases your costs.
- Turn off unnecessary lights, computers and other office equipment when they're not being used.
- Consider our Average Monthly Payment plan. Instead



Jennifer Meason, CEO

of high and low bills as the seasons change, bill amounts will tend to flatten and be closer to the same amount each month, which helps budgeting throughout the year.

These small changes can make a difference in your overall energy bill. Additional energy efficiency and conservation information can be found in this month's issue of The Current, as well as on our website, www.cottonelectric. com/energy-efficiency.

We're Here to Help

We know that increasing costs can be difficult to manage. To get a clear picture of how you're currently using electricity, we offer billing reviews over the phone and a free home energy efficiency evaluation to our members.

If you need assistance or would like to make a payment arrangement, please contact our Billing and Member Services Staff at 580-875-3351.





Energy Efficiency Tip of the Month

Is your home heating system ready for the winter chill? One of the easiest ways to keep your system running efficiently is to regularly replace filters. If your central air system has a furnace filter, it should be replaced about every 90 days.

If your home is heated through warm-air registers, baseboard heaters or radiators, remember to clean regularly to boost efficiency.

Source: Energy.gov

September 2022 Operating Stats

| | <u>2022</u> | <u>2021</u> |
|---|-------------|-------------|
| Total Amount Billed/Accrued | \$7,852,968 | \$6,222,176 |
| Cost of Purchased Power | 5,639,220 | 4,628,177 |
| Taxes | 167,140 | 134,166 |
| Total Operating Expense Per Mile | 1,371 | 1,204 |
| Average Farm and Residential Bill | 185 | 157 |
| Average Farm and Residential kWh | 1,275 | 1,239 |
| Total Meters Billed (farm, residential) | 19,287 | 19,039 |
| Miles Energized | 5,385 | 5,216 |
| Density Per Mile | 3.58 | 3.65 |
| New Service Connects YTD | 390 | 367 |
| Services Retired | 94 | 130 |

Upcoming Deadlines for The Current

December

Ad Sales Nov. 25 Classified Nov. 30 Publish Dec. 12

January

Ad Sales Dec. 30 Classified Dec. 30 Publish Jan. 16

The Current

Published Monthly at Walters, Oklahoma By Cotton Electric Cooperative, Inc.

| Jennifer Meason | CEO |
|-----------------|----------------------|
| Shane Bowers | Vice President |
| Paula Huckabaa | Director |
| Carli Eubank | Editor |
| Zach Young | Marketing Specialist |

Cotton Electric Cooperative, Inc. **Board of Trustees**

Shan Files, Velma, President Brian DeMarcus, Meers, Vice President Steven R. Robinson, Cache, Sec./Treas. Tony High, Walters, Asst. Sec./Treas. Ronnie Bohot, Hastings Ken Layn, Marlow Clifford Dunham, Chattanooga Todd Clark, Duncan Nichole Scott, Central High

"Cotton Electric Current" (USPS #134-020) is published monthly by: Cotton Electric Co-op, 226 North Broadway, Walters, OK 73572 Periodicals Postage paid at Lawton, OK 73501-4649

> Postmaster Send #3579 To The Cotton Current 226 North Broadway Walters, OK 73572

This institution is an equal opportunity provider & employer.

Energy Efficiency

Five ways to fight the winter chill and save energy

ket, while others prefer the warm temperatures summer brings and all fun outdoor activities that go with it.

But there's one thing we can all agree on: High electric bills are never fun. Cotton Electric Cooperative is here to help you find ways to manage your home energy use and keep winter bills in check.

Here are five tips to help increase your home's energy efficiency this win-

Mind the thermostat

This is one of the easiest ways to manage your home energy use. We recommend setting your thermostat to 68 degrees (or lower) when you're home. When you're sleeping or away for an extended period of time, try setting it between 58 and 62 degrees; there's no need to heat your home when you're away or sleeping and less active.



Button up your home

The Department of Energy estimates that 24% to 40% of the energy used for heating and cooling actually leaks out

Te all have our favorite of the home. Caulking and weather Consider your approach to season. Some people stripping around windows and doors love crisp, cool weather is another simple, cost-effective way and bundling up under a favorite blanto increase comfort and save energy. If you can feel drafts while standing near a window or door, it likely needs to be



Use window coverings wisely

Open blinds, drapes or other window coverings during the day to allow natural sunlight in to warm your home. Close them at night to keep the cold, drafty air out. If you feel cold air around windows, consider hanging curtains or drapes in a thicker material; heavier window coverings can make a significant difference in blocking cold outdoor air.



appliance use

When combined, appliances and electronics account for a significant chunk of our home energy use, so assess how efficiently you're using them. For example, if you're running the dishwasher or clothes washer, only wash full loads. Look for electronic devices that consume energy even when they're not in use, like phone chargers or game consoles, and unplug them.



Think outside the box

If you're still feeling chilly at home, think of other ways to warm up-beyond dialing up the thermostat. Add layers of clothing, wear thick socks and bundle up under blankets. You can even add layers to your home! If you have hard-surface flooring, consider purchasing an area rug to block cold air that leaks in through the floor.





Heath Morgan, **Energy Efficiency** Coordinator

If you're taking steps to save energy but continue to see major increases in your bills, call 580-875-3351 or take advantage of our free home energy evaluations. I can help identify areas and other factors impacting your home energy use and recommend next steps for savings.



Winter months often bring some of the highest energy bills of the year. By being proactive about saving energy, you can increase the comfort of your home and reduce monthly bills. Visit our website at www.cottonelectric. com/energy-efficiency for additional energy-saving tips.







Cotton Electric Charitable Foundation

Thank you to the 2022 Not-So-Summer Classic Golf Tournament sponsors at ERRITORY

Arkansas Electric Cooperatives, Inc.

All America Bank

CEC

Cotton Electric Services, Inc.

CoBank

City Mart Energy

DRH Health

Generator Supercenter of Oklahoma Hornbeek, Vitali & Braun PLLC

Hunzicker Brothers

JH Davidson

The Kempton Group | Southern Scripts Milsoft

NRUCFC Powers Heating & Air

Smith Power Systems LLC Targa Resources Partners The Territory Tilley Pressure Test

WESCO | Anixter

Western Farmers Electric Co-op

2022 golf tournament raises funds for CECF

golfers showed their support for the Cotton Electric Charitable Foundation (CECF) during the 14th annual Not-So-Summer Classic golf tournament fundraiser on Oct. 21 at The Territory Golf and Country Club in Duncan.

The tournament drew 25 teams which were divided into two flights. A scorecard playoff determined the winners in each flight.

With a score of 53, the Comanche Nation Team 1, rep-

On a cool, fall morning, 100 resented by Adam Red Elk, Gonzales, Josh Belcher and Elk, Max West, Danny Merser Eric Dedmon, Billy Thomas and Barney Hastie, won first place in the first flight.

> Representing City Mart Energy and claiming second place in the first flight with a score of 57 was Ross Hutson, Danny Merser, Jeff Elroy and Ethan Elroy. Scoring 59, third place was awarded to Dean Church, Jennifer Meason, Bryce Hooper and Jace Zacharias, representing CoBank.

The winners of the second flight were Skylar Smith, Sam

Heath Morgan, representing PenTex Energy, with a score of 63.

Second place went to representatives of Cornish Properties: Steve Robinson, Jodie Reece, JC Grayson and Chris Brown, who had a score of 64. The team of Ken Layn, Craig Patterson, Press Mahaffey and Ash Lovell won third place with a score of 64, as well.

Winners of the Closest to the Pin competition included Cole Wasinger, Adam Red and Mike Wolfe. Kelby Boyd was the winner of the Long Drive contest.

A new addition to this year's golf tournament was a CO² ball launcher, provided by JP Peacock, where golfers "teed" off at Hole 10 by shooting their golf ball with the launcher.

"We would like to express our appreciation to the players who took time to support this great cause and to the hole sponsors and contributors who continue to help make the tournament a success," said Jennifer Meason, Cotton Electric CEO. "We would also like to thank the staff at The Territory for having the course in excellent shape and always going out of their way to take care of our tournament participants."

Proceeds from the golf tournament will be distributed by CECF board members to local organizations and individuals throughout the co-op's service territory.



ROOFING • GUTTERS • SIDING Jake Phipps

405.237.5813

OK#80005790







401 E. James, Sterling, OK (580) 215-4762

2 or 3 Bedroom Apartments Central Heat & Air, Stove & Refrigerator, Carpet & Mini Blinds, On-Site Laundry Rental Assistance available for qualified applications HUD Section 8 Accepted. This institution is an equal opportunity provider & employer.



We Appreciate Your Business



"WE SELL LAND AND everything ON IT" Meet Our Real Estate Professionals . . .

www.FarmsRanchesLand.com



ros

Tammy Vaughn

Realtor Associate



Owner/Broker/Auctioneer



Vanessa Williams

Work for You! 38 years Experience Farms / Ranches / Homes Recreation / Commercial Equipment / Business



Cace Robertson Realtor Associate



Mary Swanson Realtor Associate

Cand Pros Real Estate and Auction Co LOCAL, STATE, AND NATIONAL MARKETING.

IT IS OUR GOAL TO PROVIDE THE <u>VERY BEST</u> COUNSEL, ADVICE AND SERVICE POSSIBLE FOR ANY OF YOUR AUCTION AND REAL ESTATE NEEDS.

Liquidations

Be aware of charity and disaster scams

Cyber criminals know that one of the best ways to rush people into making a mistake is by creating a heightened sense of urgency. And one of the easiest ways to create a sense of urgency is to take advantage of a crisis. This is why cyber criminals love it whenever there is a traumatic event with global impact.

What most of us regard as a tragedy, cyber criminals view as an opportunity, such as the breakout of a war, a major natural disaster such as a tornado, and of course infectious disease breakouts like COVID-19. When there is an immense amount of social media and news coverage about a certain event, cyber criminals know that is the time to strike.

They use this opportunity to create timely phishing emails or scams about the event, and then send that phishing email or launch the scam to millions of people around the world.

For example, during a natural disaster, they may pretend to be a charity asking for donations to save children in need.

Cyber criminals can often act within hours of a crisis or disaster, as they have all the technical infrastructure prepared and are ready ahead of time.

How can we protect ourselves the next time there is a big crisis or disaster, and cyber criminals seek to exploit it?

How to detect and defend against these scams

The key to avoiding these scams is to be suspicious of anyone who reaches out to you.

For example, do not trust an urgent email claiming to be from a charity that desperately needs donations, even if the email appears to be from a brand that you know and trust. Do not trust a phone call claiming to be a local food bank pressuring you to donate. The greater the sense of urgency,



the more likely the request is a cy-

Here are some of the most common indicators of a charity scam:

- Be very suspicious of any charity that requires you to donate via cryptocurrency, Western Union, wiring money, or gift cards.
- Cyber criminals can change their caller ID phone number to make their phone call look like it's from your local area code or from a trusted name.
- Some cyber criminals will use names and logos that sound or look like a real charity. This is one reason it pays to do some research before giving.
- Cyber criminals will often make lots of vague and sentimental claims about what they will do with your money but give no specifics about how your donation will be used.
- Do not assume pleas for help on crowdfunding sites such as GoFundMe or social media sites are legitimate, especially in the wake of a crisis or tragedy.
- Some cyber criminals may try to trick you into donating by

thanking you for a donation you made in the past when, in reality, you never donated to them.

• Do not give out personal or financial information in response to any unsolicited request.

How to make a difference safely

To donate in times of need or to help those impacted by a disaster, donate only to well-known, trusted organizations. You initiate the connections and decide who to reach out to, such as what websites to visit or what organizations to call. When you consider giving to a charity, search its name plus words like "complaint," "review," "rating," or "scam."

Not sure which charities to trust? Start by researching on government websites you trust, or perhaps links provided by a wellknown and highly trusted news organization.

Donating in times of need is a fantastic way to make a difference, just be sure you are giving to legitimate organizations.

Source: sans.org

Park Plaza Village Apartment Homes

401 School Rd. - Temple, OK

(855) 212-5809 Newly Remodeled, 1, 2 or 3 Bedroom Apartments Extra Storage, Central H&A, Stove & Refrigerator, Carpet & Mini

On-Site Laundry. Rental Assistance HUD Section 8 Accepted. This institution is an equal opportunity provider & employer.

Blinds, Washer/Dryer Hookups &

RUSH CREEK VILLAGE - Apartments

1, 2 and 3 Bedroom Apartments Available For Rent. CHA, carpet & mini blinds, stove & refridgerator, washer/dryer hookups laundry facility & playground on site Rental assistance available for qualified applicants.

HUD Section 8 Accepted <u>₩</u> 😩 🔥 TDD 711

505 N. 5th - Rush Springs, OK (580) 476-2655 **Contact Julie** Tuesday & Thursday: 8am - 12pm

Apache Auction Market

Thursday 8 a.m.

Stockers, Feeders, Cows, Bulls & Pairs

Apache Video

Wednesday 10 a.m. 800-926-9696 580-588-3840



SPIVEY INSULATION CO.

- FREE ESTIMATES -

SPRAY-ON POLYURETHANE FOAM FOR METAL BUILDINGS

BLOWN FIBERGLASS - ATTICS - BATTS. COMPLETE INSULATION SERVICES

> **Owner Operated Since 1974**

Don Spivey

1-800-522-1644



Audiology & Hearing AID of Duncan

'Serving Duncan Since 1995 **HEARING EVALUATIONS** HEARING AIDS **HEARING AID SUPPLIES** ALL BRANDS REPAIRED

Cynthia Reidenbach - Hearing Aid Tech

Matt Campbell - M.S., CCC-A AUDIOLOGIST



580-252-9005

McINTYRE INSURANCE AGENCY, GP

2126 N HWY 81, STE 26B • CHISHOLM MALL, SOUTH ENTRANCE

FIRE • AUTO • LIABILITY • FARM • CROP **CROP INSURANCE - SPECIALTY**

Office (580) 342-6633 (580) 512-7452 Brent (580) 512-6198 (580) 342-6666

P.O. Box 508 114 S Commercial Temple, OK 73568

mcintyre@pldi.net

DIANA BRENT LORRIE **PAT**

HOLT ELECTRIC **OVER 30 YEARS EXPERIENCE**

Residential Commercial **Industrial**



Estimates Remodeling **New Construction**

24 hour Service

580-365-4147

P.O. Box 131 * Sterling OK 73567*Lic#OK10531

Ochsner **Dozer-Trackhoe Pond, Terraces, Tree Clearing,**

Building Pads, NRCS Work, etc.

For estimate on your job call Jeff 580-704-2226



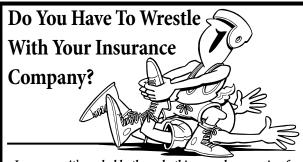
SHOWMAN'S CHOICE

FOR ALL YOUR HORSE TACK & SHOW SUPPLY NEEDS.

HOURS MON-FRI 8:00-5:30 SAT 10:00-2:00 1205 SW SHERIDAN RD

LAWTON, OK 73505 580-355-7469

FIND US ON FACEBOOK!



Insurance, it's probably the only thing you keep paying for that you hope you never have to use. But when an unfortunate situation does occur, you shouldn't have to fight with your insurance provider to get the claim award you deserve.

At Bartling, we're always on your side and we'll do everything we can to expedite any claim you make in a timely manner. We're also proud to say that we offer the finest coverage for your health, your home, automobile and commercial property.

Put the strength of a solid performer behind you. Call us now for a free, no obligation, price quote assessment of your current insurance needs.



Comanche 580-439-8809

Waurika 580-228-2085

UNCOMFORTABLE?

Does your home have any of these symptoms?

- Rooms that get too hot or too cold?
- High utility bills?
- Thermostat wars with your spouse? High humidity in summer?
- House just never seems comfortable? There doesn't seem to be enough airflow?
- Dust buildup within 2 days of dusting?
- Problems with your system since it's been installed?
- Anyone with allergies or asthma?
- AC starts and stops frequently or runs all the time, and house is still not cool?

□ Have been told by other contractors that the problem cannot be fixed?

If you answered <u>YES</u> to any of these questions, we can help!

Pippin Brothers has specialists that can pinpoint and correct these problems and, in many cases, you don't even have to replace your equipment, with the solution usually being easier and costing a lot less than you may think. There is no other contractor in Lawton more qualified than Pippin Brothers at diagnosing and correcting these annoying, inconvenient, unhealthy, comfort-compromising and energywasting concerns. Call us today and let us make your home Feel As Good As It Looks! After all, your home is your largest investment and you and your family deserve to be comfortable - don't you?



"Comfort Without Compromise"

Call Today: 580-248-7924 www.PippinBrothers.com

Cotton Electric seeks addresses for returned capital credit checks

CEC capital credit checks totalling \$1,150,148.64 were issued recently to people and businesses.

A retirement of capital credits demonstrates how a not-for-profit electric cooperative works. Annually, money over and above the cost of operations and other necessary expenses and reserves is declared margins. When the board of trustees determines that a portion of those margins can be refunded, members who contributed to those margins receive a share.

A share of the capital credits was allocated among active and inactive members and a check was mailed to the latest known valid address for the member. Checks addressed to members listed here were returned to the cooperative because of incorrect or insufficient addresses.

Cotton Electric Cooperative needs help finding the people listed here. If you see a name on the list that you recognize and if you have information about a current address, please call 580-875-3351 or email info@cottonelectric.com.

TO CLAIM YOUR CAPITAL CREDIT CHECK, WE REQUIRE A SOCIAL **SECURITY NUMBER TO** VERIFY THE MEMBER'S IDENTITY.

Α

Abbott, Zachary Absher, Lewis O III Abshire, Ron Acrey, Ralston Adams, Rose Adams, Stacy Adams, John Aguilar, Jose Albertson, Devera Alford, Sharon Allen, Thorsten Almanza, Raymond Alvarez, Cabrina Anderson, Dustin Anderson, Holly Anderson, Melanie Anderson, Robert Andrews, Berta Antwine, Danny Ara, James Armstrong, Cristy Arnett, Thomas Arnold, Walter

Avants, Karley В Bagley, Dana Baker, Barbara Baker, Michael Barbe, Jerry Barger, Keely Barker, Lauren Barnard, Ronnie Barron, Jorge Bartlett, Walter Bartling, Laci Barton, Leroy Bateman, Sheri Bates, Mattie Bates, B Beaird, Paula Bearce, Memory Beaver, Jessie Becerra, Lisa Beck. Rov Beckham, Edith Belford, Chris Bench, Colton Bennett, Mitchell Bentley, Cody Berend, Aracely Berndsen, Leo Berry, Charlie Berry, Jack Berry, Wendell Biggs, Charles Bishop, Joshua Bivins, Russell Blackwell, Billy Blanton, Misty Bleer, Benjamin Blundell, Ryan Bohl, Medreath Bohot, Debbie Boley, Melissa Borden, Dustin Borra, Rachel Bouisri, Shirley Bourland, Ewell Bowden, David Bowen, Billy Bowman, Bert Boyce, Crissy Boyd, Russell Bradford, Ramona Bradford, Kathryn Bradley, William Brake, Marion Branscum, Bob

Bravis, David

Bray, Maurice

Brawdy, Howard

Breakfield, Jason

Breitigan, Steve

Bridgers, Will

Bridges, Chad

Bridwell, Delbert

Briggs, Sandra

Briggs, Robert

Brinson, David

Brittain, Zane

Brock, James

Brothers, H

Brown, Traci

Brown, William

Brown, Bobby

Brown, Daniel

Browning, Janet

Brown, Lee

Bruner, Jerry

Bullard, Don Burdette, R Burgess, Christopher Burk, Jiggs Burkham, Kevin Burkhart, Edward Burnam, Mark Burton, Paul Busse, Randy Butler, Randy

C Cady, Miriah

Cady, Shelly Cain, Mark Calvert, Beverly Campbell, Sue Campbell, Jesseca Campbell, Connie Carl. Richard Carlisle, Bobby Carlucci, Cheryl Carmany, Charles Carr, W Carroll, Christy Carson, Paul Carter, Jerry Castleberry, Kristi Cecil, J Chamberlain, Dennis Chandler, Walter Chandler, Walter Chandler, JD Chavez, Jim Chibitty, Kyle Childress, Lloyd Christensen, Lorena Christian, Betty Clampitt, Chuck Clark, Brent Clark, Ronald Clark, Rosemarie Clark, Betty Clark, Noel Clayborn, Mark Clayton, Kathleen Clements, Jennifer Clowser, Jerry Cohn, Edward Cole, Louise Coody, Homer

Copeland, Meguel

Cordes, Edmund

Cornelius, Tim

Cox, Alton

Cox, Jimmy

Cox, Ryan

Courtright, Oma

Craddock, Ronda

Craven, Michael

Creed, Mamie

Crow, Joyce

Crow, Steven

Crump, Jack

Culp, Greg

Cyrus, Onita

Cruz, Alejandro

Cunningham, Jeffrey

D

Daily, Lena Davenport, Jessica Davidson, Ashley Davis, Kathy Dawson, Clarene Dean, Joyce Dees, Marvin Delano, Jerri Dempsey, Richard Dickerson, Deana Dickerson, Charles Dillon, James Dillon, Nancy Dixon, Shirley Dobbs, Joseph Donahue, Thomas Doty, Duane Douma, Dean Doyle, Paul Driver, Bessie Due, James Duggins, Donna Duncan, Dick Dunn, Burl Dunn, Courtney Dyer, Chad Dyer, Charles

E Eason, Rodney

Dyer, John

Edge, Jeanie Edgley, Kevin Edison, Ronnie Edwards, David Elkins, Gene Elliott, Phyllis Ennis, Cloyed Epp, Randy

Farris, Sherry Fehring, B Fenton, Larry Fields, Clint Fife, Judy Fitzgerald, Wilma Fletcher, David E Fletcher, Zachary Fletcher, Jimmy Floyd, Shelley Floyd, Dale Fogle, James Fore, Vesta Foreman, B M Forgy, Ronald France, Michael Freeman, Natalie Frizzell, Joseph Frizzell, Charlene Fryer, Steven Fulkerson, Melissa Funkhouser, W Funkhouser, Steven

G

Gardenhire, R Garrett, Donald Garrett, Harley Garrett, Addie Garrison, Wilmer Gembacz, Randy Gerken, Jerry Ghere, Joe Gibbon, Laramie Givens, Rex Gleason, Linda Golden, Frank Gonzalez, Edgar Goodman, Cindy Gordon, Chris Gorrell. Heather Grant, CW Grant, Shaun Grantham, Jimmy Green, Cecilia Green, Hubert Green, Rufus Greenwood, Kempton Griffin, Flake Griffith, Grea Grim, Jeff Grother, Gwenda Grubbs, David Guerrero-Ruiz, Juan Guevara, Lindsay Guidry, Jon

Н

Hagan, Allison Hagle, Harvey Hagood, Lindell Hale, Tony Hale, Vincent Hall, Tara Halligan, Matthew Hammack, B Hammond, Jerry Hammond, Lanelle Hampton, Cathy Handy, Matthew Hansen, Ashlee Hardage, Carlasue Hardy, Michael Hargraves, Kori Harrington, Billy Harris, Kenny Hartzell, Rhonda Hawkins, Becky Hayes, Edith Hayes, Joe Haynes, Kenneth Hazen, Jerrle Hector, Willard Hedrick, Marianne Heffington, Leo Hemphill, Goldie Henandez, Oscar Henderson, Donald Hendricks, Larry K II Henry, Stephany

Hestand, Billy Jr

Hickman, M Hightower, Don Hilburn, Bob Hilmer, Rick Hines, Les Hodges, Carl Hodges, Sylvia Holcomb, Dorothy Holdbrook, Don Holland, Tommy Holland, Eldon Hood, L Hooser, Kendra Horne, Preston Hornsby, Patrick Hossain, Tahzeeba Howard, E Howard, Kenneth Howell, Arnold Howell, Johnny Howell, Cathy Howell, Robert Hudson, Stephanie Hulme, Greg Humble, E Hurst, Mindy Hutto, A

Hewett. Howard

Ibarra, Artemio

Jackson, Ronnie Jackson, Sammy Jackson, O Jackson, Nathan Jackson, Jeral Jackson, Corey James, John Jennings, Jimmie Johnson, Jay Johnson, James Johnson, Kenneth Johnson, Bart Johnson, Dewey Jones, Harold Jones, Kimmi Jones, Meagan Jones, Robin Jones, Roma Jones, Frank Jones, Ann

Jones, Margaret

Jost, Karl

Jump, Ezekiel

K

Kays, Jeff Kelley, Marjorie Kenyon, Heath Kerns, F Kerns, Ryan Ketchum, David Ketchum, Velma Kilcrease, Bill Kimble, Rodney Kimmel, Tony Kimrey, Janis King, Kent King, Minnie Kinnaird, James Kirkpatrick, Steve Kise, Jerree Kite, Lana Klinkerman, Lillie Knipe, James Knott, Brian Koen, Mary Kohout, Gary Kolker, Paul Kowena, Gary Krachinsky, Leslie Kriss, E Kursezewski, Robert

L Lamb, Curtis Lance, Joe Laudick, Lester Leatherwood, Christi Lee, Larry Leisenring, Tobias Leitzbach, Frank Lemons, Ronald Lewis, Larry Lightfoot, Brown Limper, Chandra Lindesmith, Leon Lindsey, Bruce

Livingston, Wayne Locke, Richard Locke, LD Lockwood, Lewis Loftie. Harold Louis, Keith Love, Jeanetta Loyd, Thera Lucas, Stephanie Lutz, Paul Lyles, Deona Lynch, Ricky D JR Lynch, W

M Mahaffey, Joe

Maldondo, Casandra Maloney, Rick Mandrell, Kenny Maples, Jody Marshall, Ben Martin, Don Martin, Liese Martin, Claud Martinez, Margie Martinez, Jose Mauro, Steve Maxfield, Cody Mayberry, Rachel Mayes, Justin Mayfield, Raymond McAlister, Roger McCarley, W McClung, Brandon McCluskey, Pat McComas, John McCraw, Kevin McCurry, Patricia McDaniel, Michael McDonald, Albert McFarland, Christan McGill, Courtney Mckee, Maude McNair, James McWilliams, Dianna McWright, Randy Meadows, R Meeks, Calvin Meier, Glenda Melton, Debra Melton, Buck Mercer, Andrea Meyer, Kenny Michel, William Michelle, Kelly Milburn, Lynn Milburn, Robert Milich, Michael Miller, Irvin Miller, Robert Miller, Wayne Milligan, Ronnie Million, Shannon

N

Mills, Jesse

Mitchell, L

Moen, Tim

Mooney, John

Moore, Michael

Moore, Donna

Morgan, Maryann

Moore, Daryl

Morgan, Terri

Morris, Cory

Morrow, Mike

Moser, James

Moss, Randy

Murphy, Blane

Murphee, Haskell

Murphy, Katherine

Mitchell, Judith

Mitchell, Evelyn

Mitrovich, Saundra

Nalley, Catherine Neil, Tanya Neill, Gean Nelson, Tina Neugebauer, Brian Newcomb, Leroy Jr. Newman, Jennifer Newman, Willie Newman, O Newman, Melody Newsom, Jamie Newsome, Max Nichols, Tom Nichols, Eugene Nichols, Horace Norris, Glenn Nottingham, David

Null, Brandon Null, Nell

0

O'Gorman, Lilith Oholorogg, Dana Oliver, Norman O'Neal, Charles O'Neal, Jo O'steen, Tammi Overstreet, Deborah

Padgett, Melvin Page, Billy Palmer, Teresa Parker, Dewey Parkhurst, Philip Parks, Glyna Parks, Holly Parks, Gary Patterson, Ronnie Patterson, Deanna Peacock, David Peavler, Ronald Peck, Ricky Penland. Nellie Perez. Pedro Peterson, Richelle Peterson, Pamela Peterson, Janet Pettie, Shanna Pharaoh, Shannon Phillips, Josh Picarella, Theresa Pickens, Margie Pierson, Clarence Pipkin, Betty Pippin, Brittany Pirtle, Mike Plemons, Rebecca Pleshman, Dorothy Poahway, Nestler Pollack, Rodney Portas, Philip Porter, Sonny Powell. Donna Powers, Abigail Powers, Jesse Poynter, Michael Pratt, Richard Presgrove, Kaley Pritchard, Allyson Profitt, Sheila Provencher, Wendy Purvis, Daniel Puryear, Gary Pyles, Cindy

Q Quetone, Guy

R

Rainbolt, Ricky L II Raney, Jonathan Rawlings, Lisa Reames, Jeremy Reamey, Lisa Reams, Diana Reed. Dovle Reeve, Race Reinlein, Stephen Renfro, James Reser, Chris Rhone, Shirley Rice, Gregory B Jr. Richardson, Ann Riley, Mona Riley, VR Rippetoe, Ricky Ritter, H Roach, Jan Roat, Diane Roberts, Loyd Roberts, Yvonne Roberts, Larry Robinson, Gladys Robinson, Jim Robinson, W Robinson, Beverly Rochell, Brad Rodgers, Christina Rodgers, Margaret Rodgers, Mary Rogers, Katherine Romero, Joseph Rosario, Jose Rowell, Billy Rowland, Todd Russell, Shawn

Rutledge, Jennifer

TO CLAIM A CAPITAL CREDIT CHECK, WE REQUIRE A SOCIAL SECURITY NUMBER TO VERIFY THE MEMBER'S IDENTITY.

S

Salasar, Jose Sanders, James Sandland, Lois Sanner, Bonnie Sarafis, Nicolle Saupitty, Theresa Savage, Sandra Schlein, Gina Schneider, Brittany Schram, E Schrick, Daniel Schulz, Robert Schwenn, Robert Scott, Lincoln Scott, Christy Secrest, Misti Self, Joe Sellers, Carl Sellers, Donna Sellman, Marissa Sergent, Alfred Sessums, Larry Sessums, Elizabeth Sevier, Leon I JR Shaddock, Glenn Shea, Ashlyn Shelton, Duane Simmons, Jim Simon, Lutha Simon, Jeffrey Simpson, A Simpson, Becky Singleton, Jimmy Sisson, David Skinner, Billy Skinner, Richard Smallwood, Bennie Smallwood, Eddie Smiddy, Courtney Smith, Autem

Smith, Fred

Smith, Janet

Smith, Kenya

Smith, Sara

Smith, Oscar

Smith, Michael

Smith, Lanier

Smith, Lionel

Smith, G

Smith, Truman Smith, Billy Spake, Eric Sparks, William Spicer, Madeline Sprouse, Cacy Stamper, Donald Stapleton, Kathern Stauffer, Jimmy Staver, Michael Stowers, Sheila Strickland, Lyle Strickland, Virgel Stringfellow, Dakotah Stringfellow, Shanea Stuart, Robert Stuckey, Boyd L JR Stuever, George Stulir, Joe Sullivan, Amber Surratt, J Swanson, Ewell Sweeney, William

Т Tack, Erika Tanzi, Juli Taylor, Jerry Taylor, John

Taylor, Charles Teakell, Justin Teeters, F Thacker, Robert Thomas, Gary Thomas, Teddy Thompson, Alvin Tibbets, Zane Tiegs, Rochelle Tillman, Amanda Tinsley, Jeremy Tisdel, Tonja Tissychy, Luzette Towell, Jenny Townsend, Barry Tucker, Eleanor Turner, Patricia Turner, Kay

U Underwood, Gary

Upshaw, Tom

V

Valencia, Tony VanBlaricum, Josandra Vanbuskirk, Royce Vanhouten, Michelle Vaughns, Christopher II Vaught, Robert Vowels, Lisa

W

Wagnon, James Wahnee, Bessie Walters, Amanda Ward, Jimmy Ward, Robert Watkins, Shirley Way, Dennis Weaver, Shirley Webster, Wesley

Welch, Brenda Wells, Larry West, Shanna Whedbee, Albert Wheeler, Michael Whisler, Caroline White, Matthew White, Terry Whitehead, Judy Whitmore, C Wiedeman, Edith Wiggins, Jerome Willcox, Mark Williams, Alvin Williams, Marilyn Williams, Tandy

Williamson, Bessie Willis, Jerry Wilson, Ginger Wilson, James Wilson, Kathy Wilson, Lee Wilson, Tonya Winter, Edwin

Witham, David Wiyninger, D Wolverton, Janice Womack, Jessica Wood, Dennis Wood, Billie Woods, Marty Woodson, Nancy Wortham, Jeff Wright, Zachary Wright, Wynn Wright, Jace

Y

Yandell, Scott Yeahquo, Carl Young, Walter Younger, James

Z

Zachary, Juanita

Businesses

Tyson, Bertha

To claim a capital credit check for a business, we require a Federal ID number.

Anything Canvas AP R Wild Horse TR Carol Glenn Dba Nichols Drive Inn Centerpoint Energy Gas Transmission Chaparral Energy LLC Choice Wireless Amerilink Cline's Store Crown Central Petro Corp E O G Resources Inc

Enable Oklahoma Interstate Trans LLC Fairview Baptist Mission FBI Cattle Co Glenmar Company Grace Chapel Pentecostal Church

Graceway Baptist Church

J and S Oil Company Joe's Auto Salvage Ken's Construction Krystal Lund Photography LDS Church Lippert Brothers Const Mangum Oil and Gas McFall and McFall Meek's Auto Sales Noram Gas Transmission CO OSU-UML Placer Oil CO RC-LK Cattle CO Samson Resources CO Sentry International

Soiourner's Gate South 81 Plaza Inc Spur Industrial Taubert and Steed Total Pipeline Inc Trans OK LLC Troy's Sandblasting LLC Truluck Enterprises Two Star Petroleum CO Valley Butane and Propane VBLC INC

Wood Land & Cattle CO WT Robinson & Sons Trucking

Walters junior high groups attend the inaugural Co-opreneur Day

On Oct. 26, around 90 seventh and eighth grade students from Oklahoma electric cooperatives traveled to the Oklahoma Association of Electric Cooperatives (OAEC) conference center in Oklahoma City for the first-ever Co-opreneur Day. Students were divided into teams to form a cooperative and present a business plan that meets the needs of imaginary communities.

Cotton Electric was represented by two eighth grade teams from Walters Middle School. One of the Walters Middle School teams, named Devil's Voltage, won the championship in the eighthgrade division.

"Mrs. Johnson and I were interested in Co-opreneaur



Cotton Electric was well-represented at the 2022 Co-opreneur Day. Two junior high teams from Walters and three employee volunteers were in attendance. Photo courtesy of Lance Shaw.

Day because we wanted to give our students the opportunity to try something they may have never done before," said Dossanna Goode, a teacher at Walters Middle School. "We knew it would be a great learning experience for each of them."

The event was broken into three activities. First, students learned about the definition, business model and principles of cooperatives. A group activity demonstrated how cooperatives operate by businesses working together to alleviate problems each of

Residential Garage Door Replacement & Repair

them were experiencing. After the demonstration, each team elected a president, vice president, secretary and treasurer to represent their group.

The second activity was led by Amy Lee from the Oklahoma Council on Economic Education. She discussed with students the characteristics of a successful entrepreneur.

Since students just learned about cooperatives and entrepreneurship, they moved onto the third activity of the day: to create a cooperative business plan addressing concerns in their communities. Students were given 20 minutes to create a plan before presenting it to judges.

Competitors were divided into three team categories: seventh graders, eighth graders and a blend of seventh and eighth graders.

After team members presented their plan, everyone went outside for a live high-voltage power demonstration, provided by Oklahoma Electric Cooperatives.

"Our students gained a plethora of knowledge about how cooperatives work during this competition," Goode said. "They gained leadership skills, confidence in presenting in front of a panel of judges, and most importantly they learned how to be good teammates and work together to come up with the best possible business plan."

Cotton Electric Cooperative is proud of the students who represented the cooperative during the competition.

Marlow Tag Office

Marlow, Oklahoma 73055 *PIKEPASS *NOTARY SERVICE *DRIVERS LICENSE *TAG RENEWAL



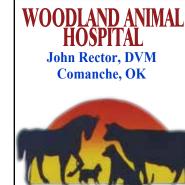
Dana Underwood



Fast, Friendly, Service

Marlowtagoffice@gmail.com 🌛 580-658-3190





Comanche, OK T3529

KELLY SIMMS

Call 580-736-5414



HOURS M, T, W, F: 7:30 - 5:30 TH & SAT: 7:30 - 12:00

 LARGE & SMALL **ANIMAL**

Old Hwy 81 & Refinery Rd













Helpful tips when planning ahead for new electrical services

can be an exciting process for home owners, and there are many factors to consider throughout the planning process. A large piece of the project is establishing new electrical service.

For new home builds and mobile home relocations that will be serviced by Cotton Electric, the first step is calling our engineering department to schedule a field visit.

Before the field visit:

One of the most important pieces of information for our engineering department to have before a field visit is a good location of the property.

"It is best for members to provide us a legal description, driving directions to the property or both," said Scott Crew, Cotton Electric supervisor of engineering services. Street addresses do not provide enough information to find the true geographical location of the property.

Secondly, members need to know where on the property they would like to build their house or any other structures. This helps our engineers give a true estimate of what the project will cost.

If members know where they want their house to sit, footers of the structure will need to be clearly dug or marked prior to the visit.

It is also beneficial for members to know the amp load of their future house or

Building a new home structure. Most homes are 200 amps, but the builder or electrician of the project can provide that information.

Other things to mark for crews are property lines and other utilities not covered under Okie811. Clearly marking both of these helps limit confusion and issues when building on the property.

If you aren't sure what service lines are covered under Okie811, visit www.okie811. org or try contacting the previous landowner.

If Cotton Electric crews have to cross another person's property to get to yours, members are required to get an easement.

During the field visit:

After members have called the co-op's engineering department to schedule the field visit, members (or soon-to-be members) will meet with one of the co-op's engineers at the property to begin the design job. Having the builder present at the field visit isn't required, but it is beneficial and helps prevent miscommunication throughout the process,

During the field visit, engineers will only design the job. They will not build or install anything at that time.

For members considering adding additional structures or features in the future, such as pools, sheds and fences, let our engineers know during the field meeting.



Cotton Electric Staking Technician David Break marks where lines for a new build will be laid. Photo by Carli Eubank.

"If members will let us know about future structural additions to the property, we will design the job anticipating those projects in the future," Crew said.

Engineers will also advise members to not build below an overhead line or above an underground line to prevent serious injuries or issues, like cutting into an underground wire when installing a pool, Crew said. Cotton Electric crews will not build power lines through trees or across creeks. This helps maintain quality power, he added.

After engineers have visited with members and gathered all the information to design the project, they will provide an estimate and paperwork for members before proceeding with building a new electrical service.

After the field visit:

Once electrical services have been provided to a structure, mapping the lines will be helpful for referencing future projects, especially if an underground line was installed on the property. Members can use GPS or landmarks to map the wiring, Crew said.

"Being aware of underground or overhead lines when building or planting helps prevent members from disturbing the ground below or above our lines and causing serious injuries during that process," Crew said.

Other considerations:

For a new build to qualify as a house or conventional residence, it must have a functioning kitchen, bathroom and living space, Crew said.

Members are encouraged to plan early when setting up appointments with Cotton Electric engineers, Crew said. With five engineers covering appointments across eight counties while ensuring quality power and service, the entire process can take a few weeks to complete.

It is important that members do not miss their field visit with our engineers.

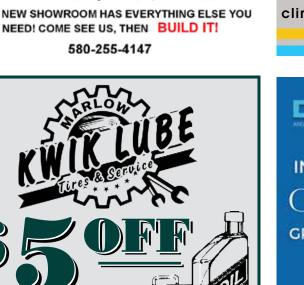
When setting up an appointment, it could take about two weeks until someone from the engineering department can meet members for a field visit. After the appointment and members have filled out paperwork and paid, construction will take four to eight weeks to complete, Crew said.

Members can call Cotton Electric anytime about their circumstances or questions at 580-875-3351 or 800-522-3520, or visit our website at www.cottonelectric.com/residential-new-service.





580-255-4147





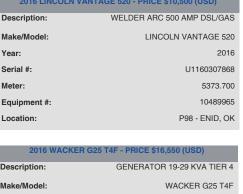












24311873

UNITED RENTALS (Store D62) LAWTON, OK 73505 Mon-Fri: 7:00AM-5:00PM Sat: CLOSED Sun: CLOSED







David Byrd 580-280-0010

UnitedRentals.com | 800.UR.RENTS

THANK YOU, VETERANS



JAMES APRIESNIG U.S. Marines



HEATH MORGAN U.S. Air Force



JASON RED ELK U.S. Navy



DILLON WIYGUL U.S. Marines



KEVIN BARRINEAU U.S. Army

Cotton Electric honors all who served

Every November 11 on Veterans Day we honor those who've served in the United States military. Here at Cotton Electric, we salute five veterans who now serve as Cotton Electric employees: James Apriesnig, Heath Morgan, Dillon Wiygul, Jason Red Elk and Kevin Barrineau.

Cotton Electric Energy Efficiency Coordinator Heath Morgan's four-year stint in the U.S. Air Force began a few months after graduating from high school.

"At that point in life, serving in the military seemed like a way to build a positive future," Morgan said. "I also felt a sense of duty to serve."

After completing his basic training at Lackland Air Force base in San Antonio, Morgan went to technical training at Sheppard Air Force base in Wichita Falls. He was primarily stationed at Tinker AFB in Oklahoma City, Morgan said.

Coincidentally, Morgan's aptitude test results indicated career strengths in line operations and air craft technicians, he said. This prepared him for his journey and skillset for what he does for Cotton Electric members today.

Morgan's main career field was aircraft electro-environmental systems technician. He worked on anything electrical: from power generation to distribution, and then environmental projects such as cabin pressurization, air conditioning, and more.

One of the most significant days of Morgan's military career was Sept. 11, 2001. That day, one of his planes was dispatched to escort Air Force One from Virginia to an airbase in the central part of the country, he said. Morgan was in the E3 AWACS acting as

nothing else was in the air.

"That day definitely stands out to me," Morgan said. "It was a crazy day."

After the first tower was hit, we thought it may have been an accident, but after the second tower was hit, it got a lot more real, Morgan said. Everything was happening so quickly, he added.

One of the many medals Morgan received was a Global War on Terrorism Service Medal during Operation Enduring Freedom.

Morgan had many cultural experiences throughout his service while visiting 10 countries. He spent extensive time in Oman, Saudi Arabia and Turkey and also visited England, Germany, Greece, Curacao, Iceland and Canada.

"My career in the military definitely led into my progression in life and related to what I do today," Morgan said.

Upon completing his military service, Morgan starting his career in heating and air conditioning and spent 12 years in the industry before coming to Cotton Electric.

"Serving in the military definitely instills some values in you that you might not have had before going in," Morgan said. "You gain more self-accountability, self-awareness, and even self-worth, knowing you were able to accomplish something and part of a team."

James Apriesnig, Cotton Electric General Accounting Supervisor, entered the Marine Corps at the young age of 17. His career in the U.S. Marine Corps spanned 30 years.

After high school, Apriesnig brought up the idea about enlisting to his father, a World War II veteran, and both decided it could be a good idea

an ariel radar, making sure for him, he said. Apriesnig's entry into the service was quick: a recruiter visited their home to go over paperwork together on a Tuesday night, Apriesnig had a physical the next day, and then by Friday he was aboard a plane headed to San Diego for boot camp.

"It all kind of worked out because I didn't have time to question or overthink my decision," Apriesnig said. "I didn't initially plan to serve as long as I did, but I knew it would be good for me and give me a more direction."

Apriesnig joined so quickly that he had an open contract, but due to his good test scores, he was assigned to the computer operations field.

Apriesnig's first station was in North Carolina. He was meritoriously promoted to corporal just before leaving for Japan to finish the last year of his initial three-year contract. There, he was meritoriously promoted to sergeant.

When he was sent back to California to complete his out-process paperwork, Apriesnig discovered he enjoyed the administrative side of things and talked to the career planner about reenlisting.

Throughout his service Apriesnig saw many new places, including Japan, North Carolina, Iraq, Africa and Virginia, where he met his wife of 23 years. Africa was a great experience for Apriesnig personally because he worked with the Army, Navy, Air Force and Marines on a joint duty mission, he said.

Apriesnig rose through many ranks, but one of the most rewarding fields of his career was when he was assigned to a manpower position for three years, he said. In this busy position, he gave

people their duty assignments and visited different stations.

"It was really neat because you got to see what others were asking about and then try to make their dreams come true," Apriesnig said.

Apriesnig finished the final ten years of his career at the highest U.S. Marine Corps enlisted grade possible: an E9 Master Gunnery Sergeant. He earned many priceless medals over his career including the Bronze Star and a Joint Meritorious Unit Service Award, Apriesnig said.

"I got much more out of it than they got out of me," Apriesnig said. "It is a humbling experience and it taught me a lot about service to others. I never regret it a day in my life."

After three decades with the U.S. Marine Corps, Apriesnig retired and earned an accounting degree at Cameron University. During college, he started volunteering to do taxes for others in the community at Goodwill in Lawton. Apriesnig has continued his sense of service at Cotton Electric by being there for our members, he said. He also volunteers on the Fort Sill Federal Credit Union board.

Cotton Electric Journeyman Lineman Dillon Wiygul is another U.S. Marine Corps veteran. He enlisted when he was a junior at Marlow High School and began his four years of active duty two weeks after graduation.

"I knew I wanted to be part of a greater purpose and try to better myself," Wiygul said.

Wiygul's career field in the military was in small arms repair. His duties were to repair and maintain guns.

Wiygul spent quite a bit of time in southern California for training throughout his career. During his service, Wiygul was deployed twice to Iraq. Toward the second half of his enlistment, he oversaw a few Marines and earned the rank of E5 Sergeant, he said.

Over his career in the military, Wiygul earned many medals, including Good Conduct and more, he said.

"Serving in the military is a bittersweet experience to me, and it's something I would never change," Wiygul said. "I am so glad I did it because it brought me right where I needed to be."

Wiygul's career transition from the U.S. Marine Corps to the co-op was seamless to him because both are structured similarly, he said. An example was when Wiygul joined other linemen volunteers to help with mutual aid after Hurricane Ida hit Louisiana. That time away from family was similar to being deployed, Wiygul said.

"There are some parallels between working for the U.S. Marine Corps and Cotton Electric because you have similar entities and departments working together towards a common goal of serving others and keeping the lights on," Wiygul said.

Cotton Electric Meter Tester Jason Red Elk served in the U.S. Navy from 1990 to 1994, and Cotton Electric's part-time dispatcher, Kevin Barrineau, will retire from the U.S. Army this December.

Cotton Electric honors and appreciates the years of service that Heath, Jason, James, Kevin, Dillon and all veterans gave for America and its citizens.



Surplus Equipment Auction Online Auction Only

November 18th - November 21st, 2022 Marlow, OK

Cat D4H Dozer, John Deere 310J Backhoe, Like new John Deere 6115D Tractor, John Deere 6615 Tractor, John Deere 4640 Tractor, 15' Offset Disc, 10' Offset Disc, (4) Brush Hogs, Farm Implements, IHC Tandem Axle Dump Truck, 2017 GMC 1500 4x4 Pickup (low miles), (3) Livestock Trailers, (3) Lincoln Welders, Shop Items, Tools, Lots of Misc. **Online Bidding Only**

> For More Information and Pictures: www.mgrahamauctioneers.com



Need to make a payment by phone? **Call our automated** system at

Have your Cotton Electric account number and credit card or banking account numbers ready before making the call.

1-855-730-8711

Co-op Connection vendor cares for four-legged community

Part of Cotton Electric's mission is to "improve the quality of life in the communities we serve." Stephens Coun-Humane Society (SCHS), a Co-op Connections partner, also aims to improve quality

and other furry friends who are looking for their new home.

SCHS has been a Co-op Connections partner for more than eight years. Cotton Electric members can



Kelly Nelson, Stephens County Humane Society executive director, plays with kittens at the shelter. Photo by Carli Eubank.

of life, but for dogs, cats, use their Co-op Connections card to save \$10 on adoption fees.

> Kelly Nelson was a long-time volunteer and board member before recently becoming the organization's executive director. She shared different ways to get involved with SCHS.

Volunteer opportunities include washing dishes, walking dogs, socializing cats, helping with fundraising and other events, data entry and more.

"If anyone feels like caring for and protecting these animals, we encourage you to get involved in any way you can," Nelson said.

Another way to volunteer is to serve as a foster for animals. The SCHS program allows

animals too small or unvaccinated to live in a home before coming to the shelter for adoption. This program allows animals to build immunity and strength and be ready for their forever homes and families.

For those interested in taking advantage of the Co-op Connections card and adding a new member to their family, dog adoptions are \$100 and cat adoptions are \$75 before the discount is applied.

Don't have your Coop Connections card? No problem! They are available to all co-op members and can be downloaded in the app, printed online, or picked up at Cotton Electric Coopeartive offices in Walters or Duncan.



One of Stephen County Humane Society's programs is Puppy and Kitten Therapy. Medical workers from Duncan Regional Hospital get time to destress by playing with kittens and puppies brought from the shelter. Photo by Carli Eubank.

Members can also visit www.connections. coop.com or www.cottonelectric.com under the Member Services tab to discover how you can be part of this free, money-saving opportunity.

To learn more about SCHS, visit their website at www.stephenscountyshelter.com, schsshelter@ gmail.com or call 580-252-7387.



3B Industries

Free wash token w/purchase of 10. Wholesale pricing on pressure washers 5% off MSRP on any All Season and Dixie Chopper lawn mowers.

AA Computer Services, Inc. 20% off service, not to include services already on special.

ABC Transmission & Motor Company 10% off any service, not to include any

Aerola Bombus Children's Books 10% off online orders - Code CE2011.

service already on special.

A Scent for You Member Discount on Monthly Specials.

Arvest Bank

Open new checking account, receive a free financial review. Valid at Lawton, Duncan, and Chickasha branches.

Attractive Graphics

Custom screen printing & vinyl cutting, 10% discount.

Billingsley Ford of Lawton, Inc. 10% off service department repairs, up to \$40 per visit.

Billingsley Ford Lincoln Mercury of Duncan, Inc 10% off service department repairs, up

to \$40 per visit.

Bluff Creek Lodge 10% discount on all bookings.

Brooks Meat Market 10% off meat purchases over \$20. **Cast & Bang Outfitters Authorized ASF Dealer** Feeders products.

Chisholm Trail Heritage Center \$1 off admission per card, per visit.

Cinnabon

Buy one classic Cinnabon, get a free coffee.

Cosmetic Specialty Labs, Inc. 50% off open stock products.

Debbie's Little Books 10% off regular purchase price of personalized books.

Edwards Family Vision 10% off of complete glasses.

Eastside Sod Farm Free estimates and 10% discount.

Gene Burk Auto Glass 10% off services.

Horse Sense Graphics 15% off orders over \$100.

Infinity Computer Systems 10% off all labor.

Johnson & Johnson **Locksmith and Door** 10% discount: Present card prior to service and ordering of parts.

Just Between Friends Free admission to events & \$5 off purchase of \$25 or more. Two sales a year, spring & fall.

Lakeside Golf Course \$5 green fees all day.

Ligon's Garden Center 10% off your purchase.

Linda and Sarah's Carpets Free vacuum cleaner with purchase of \$2,000 on Stainmaster carpets.

Line-X of Lawton 10% off Services.

Marlow Kwik Lube \$5 off full service oil changes.

Medicine Park Aguarium & **Natural Sciences Center** 10% off admission or annual passes.

Nancy's Antiques 20% discount storewide.

Nita's Flowers 10% discount.

Osage Animal Hospital \$5 off professional examination.

Pink Rebel Clothing Co. 15% off all regular priced items.

Plumb Right 5% discount on services.

Rick Wylie Construction 5% discount on 8x10 & 6x8 storm shelters; 10% discount on 8x12 and larger.

Ringtail USA Buy 12 caps or t-shirts, get one free. Rose's Custom LLC 10% discount on purchases over \$200.

Shane Burk Glass & Mirror -**Duncan & Lawton** 10% off Services.

Showman's Choice 10% off Professional's Choice.

Southern Maid Donuts 10% off donut & pizza purchases.

Southern Trophy 10% off items in Gifts to Treasure shop.

Stephens County Humane Society \$10.00 off adoption fee.

Steppin' Outdoors 15% off all guides & tours. 20% off sponsorship rates.

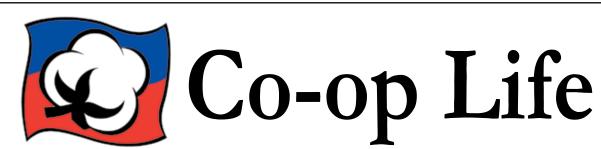
Sue Cabelka, Realtor Elgin Realty - \$500 off seller's closing costs.

Sylvan Learning Schedule an assessment and \$60 will be deducted from the cost.

The Salt Cellar 15% off non-sale items, excluding boxed cards and gift cards.

Wichita Furniture 10% off new purchases.

NOTHER GREAT MEMBER BENEFIT



Making a difference with each stride

By Carli Eubank

A quote from Ronald Reagan states, "I've often said there's nothing better for the inside of a man than the outside of a horse." Reagan's words are lived out through riders every Monday at Giddy Up 'N Go within Suncrest Stables in Lawton.

Giddy Up 'N Go, a 501(c)3 organization, received a Cotton Electric Charitable Foundation grant in June.

The program is a space that provides safe, enjoyable horseback riding experiences for people with disabilities. During each session, riders focus on their therapeutic goals, such as improving balance and posture, strengthening and relaxing muscles, improving speech and increasing self-confidence.

The program started in 1992 with just a couple of riders and has been growing ever since. Today, there are approximately 30 volunteers, a volunteer occupational therapist, a certified instructor and a few in-training instructors.

Nancy Arntz, Giddy Up 'N Go board president, got involved with the program in the early 2000s. At the time, her daughter in high school needed volunteer hours for the National Honors Society. She chose to help at Giddy Up 'N Go. A few times after drop-

ping her daughter off to volunteer, Arntz decided to stay and volunteer for the program, as well, she said.

"I think it's important to be able to give something to the community," Arntz said. "God has blessed me with two healthy children and two healthy grand-children, so the least I can do is give my time to families who do not have that."

After a couple years of volunteering, Arntz wanted to get on a horse to experience what the riders do every Monday.

"If I'm interacting with the riders, I need to know what they're feeling each week when they ride," Arntz said. "Each horse has different widths and strides, and I wanted to connect a horse with a rider that would help their progress."

Therapeutic riding has many benefits for individuals with disabilities. Horses have the closest animal stride to the human's gait, and this similarity helps those who have week core strength and lack of mobility, Arntz said. When a rider is on a horse, they feel sensation in their hips and lower body.

Giddy Up 'N Go board member and volunteer Julie Swofford has brought her aunt, Vicky Lee, to riding sessions for more than 15 years. Swofford believes if it weren't for her therapeutic riding lessons at Giddy Up 'N Go, her aunt would be in a wheelchair, she said.

Riding is great for Lee's muscles, Swofford said. During her sessions, Lee works on reaching objects due to her arms tightening. Grabbing rings and stretching her arm out to slide them down a pole helps loosen her muscles and increase mobility. Lee also practices weaving through cones on horseback to increase her core strength while keeping herself balanced.

"This program is one of my aunt's outings," Swofford said. "She doesn't want to miss it, and neither do we. Whenever she's here, this is her time and her therapy."

While horseback riding has many physical benefits, it also helps those with cognitive or emotional issues, allowing them to relax while riding, Arntz said.

Ryan Harrison has been riding with Giddy Up 'N Go since 2019. His mother, Shannon Harrison, speaks highly about the connection they have grown with the program.

"There are some weeks I get overwhelmed with emotion because of the impact this program has on my son," Harrison



Ryan Harrison throws bean bags from horseback as one of his exercises during his session. Photo by Carli Eubank.

said. "Ryan may not be on a typical sports team, so for him to come here and be part of this program and feel special, it's not an opportunity that we get often."

Ryan has reached many milestones while riding, including breaking through his nonverbal barrier. He becomes so calm and happy whenever he has that motion of riding and being with the horse, Harrison said.

"Giddy Up 'N Go is more than riding," Harrison adds. "This pro-

gram is incredible and the volunteers are amazing. They do so much for the kids and their families."

The part Arntz enjoys the most about the program is watching the riders have the time of their life and seeing their progress over the years.

"Riding brings out the best in everything," Arntz said. "For 30 minutes, riders are in their own world and happy as can be. It does your heart good when you see them and try to brighten their day." Giddy Up 'N Go is a team effort that wouldn't be where it is today without the help of volunteers, Arntz said. There are many opportunities for individuals to get involved with the program, including grooming the horses, leading the horses during session, walking beside the rider while on horseback and more.

"If there is a program to get involved in, it's this one," Harrison said. This program changes worlds, and we are so lucky to be part of it."



Vicky Lee saddles up for her riding session. Photo by Carli Eubank.



If you would like your community event listed in the December issue, please submit information by calling 580-875-3351 or send an email to The-Current@CottonElectric.com by Nov. 25. Only events occuring after Dec. 12 will be published in the next issue.

Editor's Note: We recommend checking for cancellations with local sources before attending any event.

CTHC hosts book club

The Chisholm Trail Heritage Center is hosting Let's Talk About It, a book club for people who love to read and discuss great literature. Ken Hada will lead a talk about Lonesome Dove by Larry McMurtry. Books for the series may be borrowed from CTHC. The event is from 7 to 9 p.m. on Nov. 14 at the Chisholm Trail Heritage Center, 1000 Chisholm Trail Parkway in Duncan. For more information, contact Edie Stewart at edie@onthechisholmtrail.com or 580-252-6692.

Comedy show coming to Duncan

Come to the annual Comedy and Coffee Fundraising Event in Duncan, featuring comedian Leland Klaussen. Refreshments include coffee and cake. The event is from 6 to 9 p.m. on Nov. 15 at the Simmons Center, 800 Chisholm Trail Parkway, Duncan. For more information, call 580-786-6000.

CTAC hosts art exhibit and sale

The Chisholm Trail Arts Council will feature pieces from local artists available to purchase just in time for the holiday season. The exhibit will be on display from Nov. 17 to Dec. 15. The opening reception is from 5:30 to 7:30 p.m. on Nov. 17 at the Chisholm Trail Arts Council, 810 W. Walnut Ave. in Duncan. For more information, call 580-252-4160 or visit their Facebook event page.

WSPBR coming to Duncan

The World Senior Professional Bull Riding Organization is coming to Oklahoma. The organization will have an event Nov. 17 through 19 at the Stephens County Fairgrounds, Duncan. For more information or questions, visit. www.wspbr.com.

Indoor drone race in Lawton

Drone professionals and enthusiasts can compete in the first-ever Lawton FPV Invitational Whoop Race. Lawton Drone Racing will have S.T.E.M. activities, viewing areas, simulators and 3D printing activities for those in attendance. Cash prizes will be awarded to first, second and third place winners. The race will begin at 9:30 a.m. on Nov. 19 at Central Plaza inside the

Lawton Central Mall, 200 SW C Ave, Lawton. For more information, visit the events tab at www.multigp.com.

Stroll through local holiday event

Kick off the holiday season at Duncan's annual Holiday Stroll. Enjoy music, delicious food and holiday cheer while browsing in-store specials from Main Street businesses. In addition to shopping the stores on Main Street, you can stroll down 9th St. to shop businesses at Duncan Tower and various unique vendors at The Exchange Boardroom and Event Center on Walnut. Bring kids to meet with Santa Claus and make crafts to take home. The festivities also include refreshments, gift wrapping, and hot chocolate. The event is on Nov. 19. For questions or more information, visit www. mainstreetduncan.net.

Holiday fetivities on the trail

Celebrate the Christmas holiday in downtown Ryan at Christmas on the Trail. There will be music, games, a gingerbread house contest, food, vendors, bounce houses, a cash prize drawing, a tree lighting at dark and more. The event is from noon to 5 p.m. on Dec. 3 in downtown Ryan. For more information or questions, visit their Facebook event page.

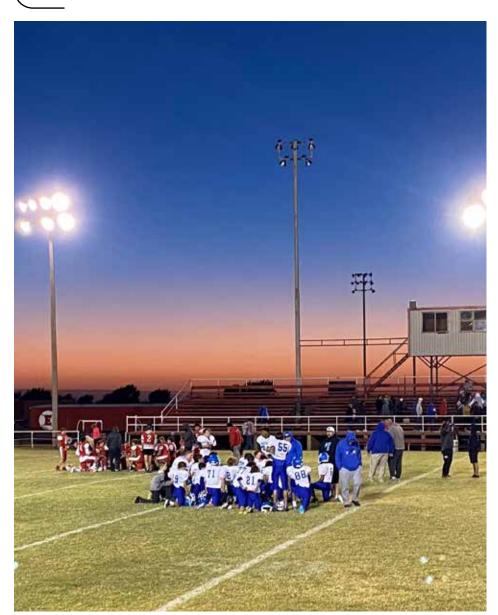
Temple to host pictures with Santa

Bring the kiddos to have classic "milk and cookies" photos taken with Santa. Prices are \$10 for one picture, \$15 for two pictures and \$20 for three pictures. Payment must by made within 24 hours in advance through Venmo or Cash app. To book photos, message them on Facebook. Finished images will be sent by mail. The event will be from 6:30 to 8:30 p.m. on Dec. 8 at Rockin H Land Co. Steakhouse and Saloon, 116 N. Commercial St., Temple. For questions, visit their Facebook event page.

Food pantry open once monthly

Walters Community Food Pantry is open from 8 a.m. to 11 a.m. on the second Saturday of each month. The pantry is in the old City Hall, 131 1/2 W. California Street. Pantry organizers try to provide a two-week supply of basic staples to anyone with identification and proof of Cotton County residency. Monetary donations may be sent to Food Pantry, c/o Paul Metcalfe, 211 E. Colorado St., Walters, OK 73572. For information, call Roger Noland at 580-591-6826.

PHOTO OF THE MONTH



Cotton Electric member Rachel Brennan snapped this photo of the sun setting over the field after the Empire vs. Walters Junior High football game.

Enter your "best shot" in our Photo of the Month contest. The theme for December is Southwest Oklahoma! Entries can be emailed to TheCurrent@CottonElectric.com or mailed to The Current, 226 N. Broadway, Walters, OK 73572.









UNITED RENTALS (Store D62)
2420 S.W. LEE BLVD
LAWTON, OK 73505
Mon-Fri: 7:00AM-5:00PM Sat: CLOSED Sun: CLOSED







Sales Contact: Eric Donahue 940-257-7258 edonahue@ur.com

Valid through 11/27/2022
UnitedRentals.com | 800.UR.RENTS
© 2021 United Rentals, Inc.

Functional beverages supplement nutrition health benefits

¬ unctional beverages are a sub-**◀** set of functional foods, loosely defined as foods that claim additional health benefits beyond basic nutrition. The functional beverage industry in the US began by adding stimulants to beverages to provide energy. Now functional beverages add ingredients to make claims of providing a myriad of health benefits - stress relief, enhancing immune function, digestive health, and many others.

The most popular functional ingredients in beverages include vitamins, minerals, antioxidants, prebiotics, probiotics, omega-3 fatty acids, herbs and herbal extracts, tea and coffee extracts, and superfruit extracts. There is no legal definition of functional beverages, but the FDA does regulate the ingredients and the health claim. Given these products cost more, are they worth it?

Beverages should be used to hydrate first and foremost. Past hydration, some beverages contribute to basic dietary needs of carbohydrates, protein, vitamins, minerals, and in a small subset, fat. Dairy beverages are the best self in need of something different to

ther - in addition to hydration, an in-



Kim Bandelier, MPH, RD, LD

Food THOUGHT

gredient or ingredients have been added to impart additional health benefits. The challenge is most of these "health benefits" are not well researched, will not be achieved by consuming just one serving, and when combined with added sugar of any kind, are largely ne-

Water remains supreme for normal hydration needs, but if you find yourhelp meet your hydration goals, here Functional beverages go a step fur- are some suggestions to evaluate functional beverages:

- Review the nutrition facts lasafe but controversial.
- and minerals is there anything of concern based on your underlying health best to choose a different beverage and discuss with your healthcare team.
- label by looking for herbs, spices, and health claims. Added caffeine or other ingredients that act as a stimulant care team to avoid any side-effects. (guarana, ginseng, ginkgo biboa, yerlooking for.

Other health claims like improving bel and make note of calories and sugar immune function, digestion, risk of - choose the beverage with the lowest heart disease or cancer should be evalamount. Artificial sweeteners remain uated by your healthcare team as they relate to your individual health goals/ Next make note of vitamins needs. They also will not be achieved by consuming one drink.

Functional beverages can help you conditions? If you are unsure, it may be meet your hydration needs but they come at an additional cost and require additional scrutiny. If you have chronic Finish reviewing the beverage medical conditions or are on prescription medication, it is best to discuss functional beverages with your health-

A registered dietitian can help you ba mate, etc) or a relaxant (melatonin) evaluate nutrition facts labels and will most likely impart an immediate health claims of functional beverages effect - make sure it's the effect you are they relate to your individual health goals and needs.

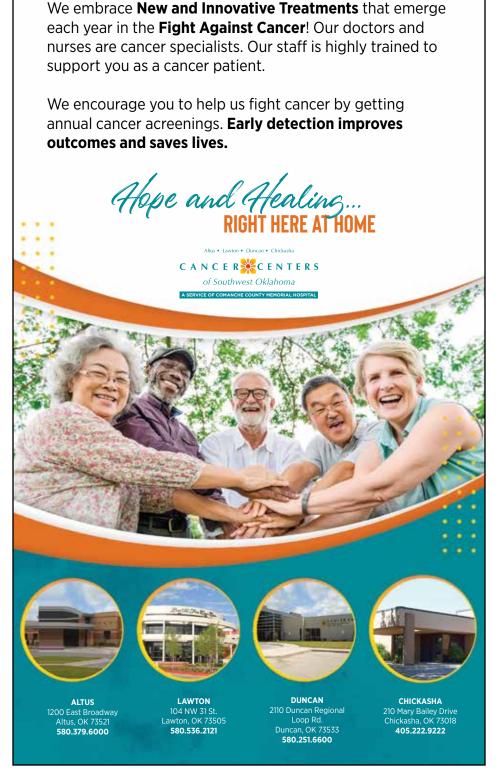






You will never be alone.





Turkey Cranberry Dinner Rolls

Ingredients:

Nonstick cooking spray

- package of Wonder Dinner Rolls
- cups diced turkey, cooked
- cup cranberry sauce or relish
- slices Swiss cheese
- tablespoons butter
- tablespoon yellow mustard
- tablespoon Worcestershire sauce

1/2 tablespoon dried minced onion salt, to taste

pepper, to taste

- tablespoon parsley
- cup Parmesan cheese



Directions:

Preheat oven to 325 F. Cover 9-by-13-inch baking pan with foil and spray with nonstick cooking spray.

Remove rolls from package in one piece,

cutting entire slab in half lengthwise to create one half of "tops" and one half of "bottoms."

Place bottom half in foil-covered pan and layer with turkey, cranberry sauce and Swiss cheese.

Add top half of rolls.

In microwave, melt butter and whisk in mustard. Worcestershire sauce, onion and Pour evenly over rolls.

Cover with foil and rolls and serve.

let sit 5-10 minutes then bake, covered, 20 minutes. Uncover and bake 5 minutes.

Sprinkle with parsley salt and pepper, to taste. and Parmesan cheese. Slice into individual



60' LONG-REACH DREDGING TRACKHOE

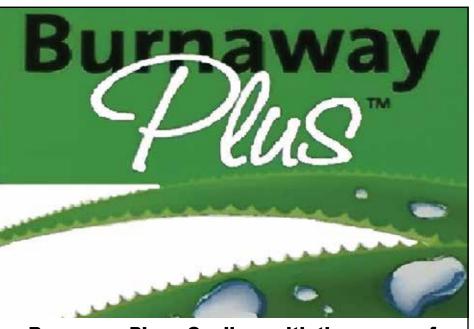
Ricky Sparks 580-450-3673





FREE ESTIMATES





Burnaway Plus - Cooling, with the power of Aloe! Soothing relief for minor burns, skin irritations, insect bites, stings.

> Now available at: George Townsend & Co., Inc. (405) 235-1387

sales@gtandco.com https://www.gtandco.com





Shop with experienced professionals!

Stop by to see the number one selling brand of chain saws in the world - and the full line of STIHL oudoor power equipment.

Ask for a product demonstration and learn the proper operating and safety techniques - before you buy.



MS 170 GAS CHAIN SAW **BG 50** GAS BLOWER

A gas-powered chain saw designed for The lightest gasoline-powered handheld blower in the STIHL lineup woodcutting tasks around the home



3209 N. Hwy. 81 Duncan, OK 73533 (580) 255-3500 acehardware.com



All prices are BME-SRP. Available at participating dealers while supplies last. © 2019 STIHL
† The actual listed guide bar length can vary from the effective cutting length based upon which powerhead it is installed.



Thanksgiving traditions and memory-making meal

(Family Features) Starting with parades and ending with family meals, Thanksgiving provides all-day opportunities for celebrating life's special moments with those nearest and dearest to your heart.

Waking up to watch the Macy's Thanksgiving Day Parade is a tradition that brings smiles and happiness for many families, and this year, an iconic brand will join the festivities.

Since 1921, Wonder Bread has captured the "wonder" its founder Elmer Cline experienced when first watching a hot air balloon race. It's often credited with the popularization of sliced bread in the United States and now, for the first time, its legacy will be on display Nov. 24 parading through the streets of New York City.

To celebrate the special occasion and the joy that Thanksgiving brings, look no further than this Thanksgiving Stuffing, a classic accompaniment to holiday meals and a favorite of home chefs across the country.

To learn more about the Macy's Thanksgiving Day Parade and find family-favorite recipes fit for Thanksgiving feasts, visit wonderbread.com/ macys-parade.

Thanksgiving Stuffing

Ingredients:

cup unsalted butter, divided cups chopped onion 2 1/2 cups chopped celery clove garlic, finely chopped

1 1/2 tablespoons chopped fresh sage

1 1/2 tablespoons chopped fresh thyme

teaspoons celery seeds pinch grated nutmeg

pinch ground cloves

teaspoon kosher salt

loaf Wonder Classic White

Bread, cubed 1/2 teaspoon freshly ground

black pepper

1 1/2 cups low-salt chicken broth

Directions:

Heat oven to 325 F.

In large skillet over medium heat, melt 1/4 cup butter. Add onion, celery, garlic, sage, thyme, celery seeds, nut-

meg, cloves and salt.

Cover and cook until onions are soft, 5-7 minutes. Remove from heat.

In large bowl, toss sauteed vegetables with bread cubes and season with pepper. Melt re-

maining butter and pour over stuffing along with broth then toss to coat.

Bake, covered, until heated through, about 35 minutes. Uncover and bake for an additional 15 minutes.



NOW HIRING

Fuel your future and satisfy your hunger to succeed!

Full and Part Time positions available!

Starting pay: \$14/hr



EZ GO #44 & Back Forty Barbeque Mile 21, H.E. Bailey Turnpike (I-44) 5 miles west of Walters, OK 73572

APPLY AT EZGOSTORES.COM/OUR-EZGO-TEAM

Is Your Water Safe?

Give Your Back a Break...Stop Adding Salt to Your Softener

Minerals in your water form scale deposits that build up inside your pipes, water heater, shower heads, and other water using equipment like cholesterol in your arteries. These deposits significantly decrease the efficiency of your plumbing systems. Drinking water and icemakers are also negatively affected, as are health quality of water and taste. Hard water is not safe for you, your family or your home.

Benefits of a No-Salt Water Conditioning System:

- Maintain healthy calcium & magnesium levels No sodium added to water
- No waste water vs. up to 10,000 gallons per
- vear with salt softeners
- No environmental discharge of salt or chemicals Clothing will last longer
- Reduces iron staining
- Extends appliance life by 50% or more
- Descales inside of pipes & water heater Cleaner bodies, clothes, and dishes
- 1 25% or more reduced detergent use
- Cleaner more refreshing water

Improves water heater efficiency and thus lowers energy bills

Call Today 580-248-7924 www.PippinBrothers.com



SOUTHERN OK'S BEST STEAKS, PASTA & MORE

SPECIALTY COFFEE &



MON - WED 7A - 11A

your portfolio and lead to

materially lower returns

due to narrowly focused

investments, prioritization of

non-financial goals and too

What to know about sustainable investing

Y "sustainable investing." But if you're not familiar with it, you may have some questions: What does it involve? Is it right for me? Can I follow a sustainable investing strategy and still get the portfolio performance I need to reach my goals?

Sustainable investing can be defined in different ways, with different terminologies.



Tou may have heard about However, one way to look at a sustainable approach is by thinking of it as investing in a socially conscious way which may involve two broad categories: environmental, social and governance (ESG) investing and values-based investing.

As its name suggests, ESG investing incorporates a broad range of environmental, social and governance risks and opportunities, along with traditional financial measures, when making investment decisions. This approach may have a neutral impact on performance because it maintains a focus on managing risk, traditional fundamental analysis and

look at the ESG elements: Environmental –

Companies may work to reduce carbon emissions, invest in renewable energy, decrease pollution and conserve water resources.

• Social – A business may

promote gender and pay equality within its workforce, and maintain positive labor relations and safe working conditions for employees. • Governance – Companies distinguished by good

governance may institute strong ethics policies, provide transparent financial reporting and set policies to ensure it has an independent, objective board of directors.

You can pursue an ESG investing approach through diversification. Here's a quick individual stocks, mutual

funds or exchange-traded funds (ETFs), which hold a variety of investments similar investments that align with to mutual funds, but are generally passively managed – that is, they do little or no trading. As an ESG investor, you don't necessarily have to sacrifice performance because ESG investments generally fare about as well as the wider investment universe. Some investments may even gain from the

ESG approach. For example, a company that invests in renewable energy may benefit from the move away from fossil fuel sources. Now, let's move on to

you follow a values-based

approach, you can focus

on specific themes where

your values. For instance, if values-based investing. When

change, you could invest in a mutual fund or ETF the solar or clean energy industries.

you're interested in climate that contains companies in One potential limitation

of values-based investing

is that it may decrease

the diversification of

you may choose to include

or exclude certain types of

So, you could refrain from

investing in segments of the

market, such as tobacco or

engage in certain business

practices, such as animal

testing. On the other hand,

you could actively seek out

investments that align with

your personal values.

many exclusions. Ultimately, if you choose firearms, or in companies that to include a sustainable investing approach, you will want - as you do in

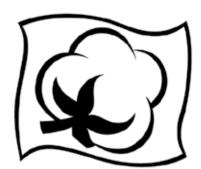
any investing scenario - to choose those investments that are suitable for your goals, risk tolerance and time horizon. If sustainable investing

interests you, give it some thought – you may find it rewarding to match your money with your beliefs.

Edward Jones, Member SIPC

Kelsey Avants

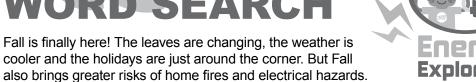
1110 N. 10th Street | Duncan, OK 73533 | 580-255-4408 kelsey.avants@edwardjones.com | www.edwardjones.com Edward Jones^{*} MAKING SENSE OF INVESTING



COTTON

ELECTRIC CO-OP

FALL SAFE



Read the safety tips below, then find and circle the bolded words in the puzzle

Adults should always stay in the kitchen while food is cooking.

Smoke alarms should be tested monthly to ensure they're working properly. **Batteries** should be replaced every year or right away if the alarm starts to chirp.

Candles should never be left burning when someone isn't in the room.

Keep flammable items away from the **stove**, **toaster** and other cooking **appliances**.

| S | M | R | Α | L | Α | E | K | 0 | M | S | E | С | Α | W | |
|---|---|---|---|---|----|---|---|---|---|---|---|---|---|---|---|
| S | M | С | K | J | Р | M | Н | G | X | V | 0 | В | Р | s | |
| X | E | K | Α | Н | 0 | R | I | E | 0 | 0 | M | Z | Р | С | |
| R | В | I | X | T | F | 0 | Α | Т | K | Н | С | U | L | N | |
| Р | 0 | Υ | R | Υ | U | G | S | I | Т | G | X | M | ı | K | ١ |
| K | E | G | K | E | L | L | N | L | ٧ | F | Н | K | Α | С | |
| Т | 1 | W | U | D | T | G | R | I | С | D | S | Н | N | Н | |
| S | W | T | D | Q | Q | T | M | E | K | Z | E | ٧ | С | 0 | |
| M | Q | Υ | С | E | R | W | Α | Z | X | S | L | K | E | Q | |
| Р | D | M | L | Н | Р | Z | X | В | Ε | W | D | N | S | Q | |
| С | Н | Т | В | K | E | W | U | R | I | S | N | W | W | Н | |
| Α | K | R | S | С | G | N | W | U | L | R | Α | R | X | Α | |
| T | 0 | Α | S | T | Ε | R | 0 | K | F | Р | С | G | D | X | |
| 0 | R | N | В | U | W, | J | G | D | K | E | X | V | С | L | |
| E | 1 | Α | U | F | Q | Υ | L | U | Н | F | Н | F | Z | D | |

ACROSS

- 1. India's "City of
- 7. Large marine mammals
- 13. Used to carry belongings when traveling
 - 14. Rechristens
 - 16. Equally
- 17. Heavy plant-eating mammals
 - 19. Millihenry
- 20. Japanese immigrant to N. America
- 22. Deep, red-brown
- sea bream
- 23. Norse gods
- 25. Peppermint and pekoe are two
- 26. Auguste ___, founder of positivism
- 28. Self-immolation by fire ritual
- 29. High-resolution microscope (abbr.)
- 30. Wide metal vessel
- used in cooking
- 31. V-shaped open
- 33. People of southern ics exec
- 34. People of southern prise Ghana
- 36. It's a significant
- creed Period between 38.
- eclipses
- 40. Furies
- 41. Emerged
- 43. Philippine Island
- 44. Where wrestlers battle
- - 45. Unhappy
- 47. Central European
- 48. Language

Semitransparent

- 19 20 22 29 34 39 41 44 48 56 58 60 64
- gemstone
- 53. Forming in a bottom layer
 - 55. Distinct region
 - 56. Broad blades
- 58. Leavened bread 59. Influential cosmet-
- 60. Exclamation of sur-
- 61. Era free of war
- 64. One who helps
- professors
- 65. Idealistic

- 67. Ornamental plants teers to help
- 69. Grouped
- 70. Kids love this street
- 1. Beloved hound

DOWN

- 2. Equal to 100 grams neuvers
- 3. S-shaped moldings
- 4. Hawaiian cliff 5. Everyone has one

6. Subatomic particle

- 9. Greek temple pil-
- diation
- width of printed matter
- 13. Tantalizes
- who overacts
- 21. One who volun- group
- 24. Precaution
- 27. Very long period
- of time
- 32. More critical
- boxing match

- 7. Ghost
- 8. Adult female bird
- 10. Emits coherent ra-
- 11. Measures the cess only at one end
- 12. Musical interval
- 15. Places of worship
- 18. An unskilled actor
- 26. Beverage holder
- 30. Bullfighting ma-
- 35. Sends packing in a
- 37. Taxi

- 38. Decorative Russian tea urn
- 39. North American Great Plains natives
- 42. Seize
- 43. A passage with ac-
- 46. Cut a rug
- 47. Devil rays
- 49. Bubble up 50. Veranda
- 52. Outcast
- 54. Car mechanics
- 55. Realm

registered

- 57. A place to get off your feet 59. Popular music
- awards show

68. Indicates it's been

- 62. Consumed
- 63. A way to make cooler 66. Thus



580-658-2295 "Selling our listings, would like to sell yours."

Always Ready to go the "Extra Mile" for you. www.marlowrealestate.com IR MIS

www.realtor.com



Debbie Lynn Benton Broker/Owner GRI Cell: 580-658-1177

debbie@marlowrealestate.com





We Service All Major Brands of **Electric & Portable Welders** Warranty - Service - Parts

109 Bois D'Arc, Duncan 580-255-0207 welderrepairs@att.net



More than just insurance, we offer Financial Protection & Peace of Mind.

Medicare & Health Options Home, Auto, & Life Insurance Mortgage Financing

thekinderagency.com



Becky Doyle Sales Associate -GRI beckydoyle0@gmail.com

580-251-0228

-Waurika Lake House & 3 lots "East Shore Estates" steel frame/sheet iron (barndemenium) built 2012, 2 bath (1 jacuzzi tub-1 walk in tile shower), open living concept (many more amenities). \$225,000. 937 N 2782 Rd, 73055.

-Marlow (directly across the street from the school), 4 b, 3 full baths, Ig inside utility, large single car garage. New inside and out, fresh paint, electric, plumbing, flooring. Move in ready. 201 S 5th St, Marlow, OK; \$150,000. -Meridian property, 2 bed, 1 bath, living room, authentic pine stained & varnished plank floor and ceiling, large inside utility, single car garage, elec. door opener, metal roof, siding and insulation, 1 acre chain link fenced lot.

282210 Oliver Rd, Comanche, OK; \$75,000. -(Back on the market) 279244 1840 Rd

-913 Devonwood, Duncan, Oklahoma -211 North C., Duncan, Oklahoma

-904 W Hackberry

Starlite Welding Supplies

Torch & Regulator Repair **Welder-Torch Kit Specials**

1 Yr. Cylinder Lease \$40.95 SPECIALS on Welders/Generators











Home-owned by Kenneth/Jeff Golay **Since 1991** 580-252-8320

Mon.-Fri., 8 am -5 pm; Sat., 8 am -12 noon

BARKER'S **Trailer Parts** Cache, OK 580-429-3822 Jimmy Barker, Owner



www.cottonelectric.com

Parting Shot



Cotton Electric received two AMP Awards at the Oklahoma Association of Electric Cooperatives Member Relations and Communications Association conference. Carli Eubank, Cotton Electric communications specialist, received an Award of Merit for Best Overall Content for Large Cooperatives. Jennifer Meason, Cotton Electric CEO, received an Award of Merit for Best Column. Photo courtesy of Lance Shaw.



DON PRATER DOZERS

Building Farm Ponds & Private Lakes In the Cotton Electric Service Area "Wealth is not measured in dollars."





-Farm Pond and Lake Construction-

Fence Rows • Building Pads •
 Land Clearing • Dredging • Pond Repair •

Serving the Southwest Area

Bulldozers, Trackhoe Scrapers & Loaders





(580) 529-5000 HILLIARY.COM

Always Innovating

because every community matters